



LANCASTER COUNTY
JOINING FORCES
Coordinating efforts to reduce deaths from opioids and heroin

Quarterly Update Forum

November 3, 2017

Netflix Trailer: Heroin(e)



Joshua Parsons County Commissioner



Poll the Audience

In one or two words, what should we do to address the opioid crisis?

1. Send text to **22333**
2. In the message, type **337999** and your answer
3. **Do not** use a space between words

In one or two words, what should we do to address the opioid crisis?



Jessica Klinkner, MPH
Health Promotion Specialist



Penn Medicine

Lancaster General Health

August 3, 2017

SWOT Recap

Strengths, Weaknesses,
Opportunities, Threats

Strengths

- Community coming together
- PDMP
- Vast resources in community

Weaknesses

- Stigma
- Community awareness
- Lack of coordination of resources

Opportunities

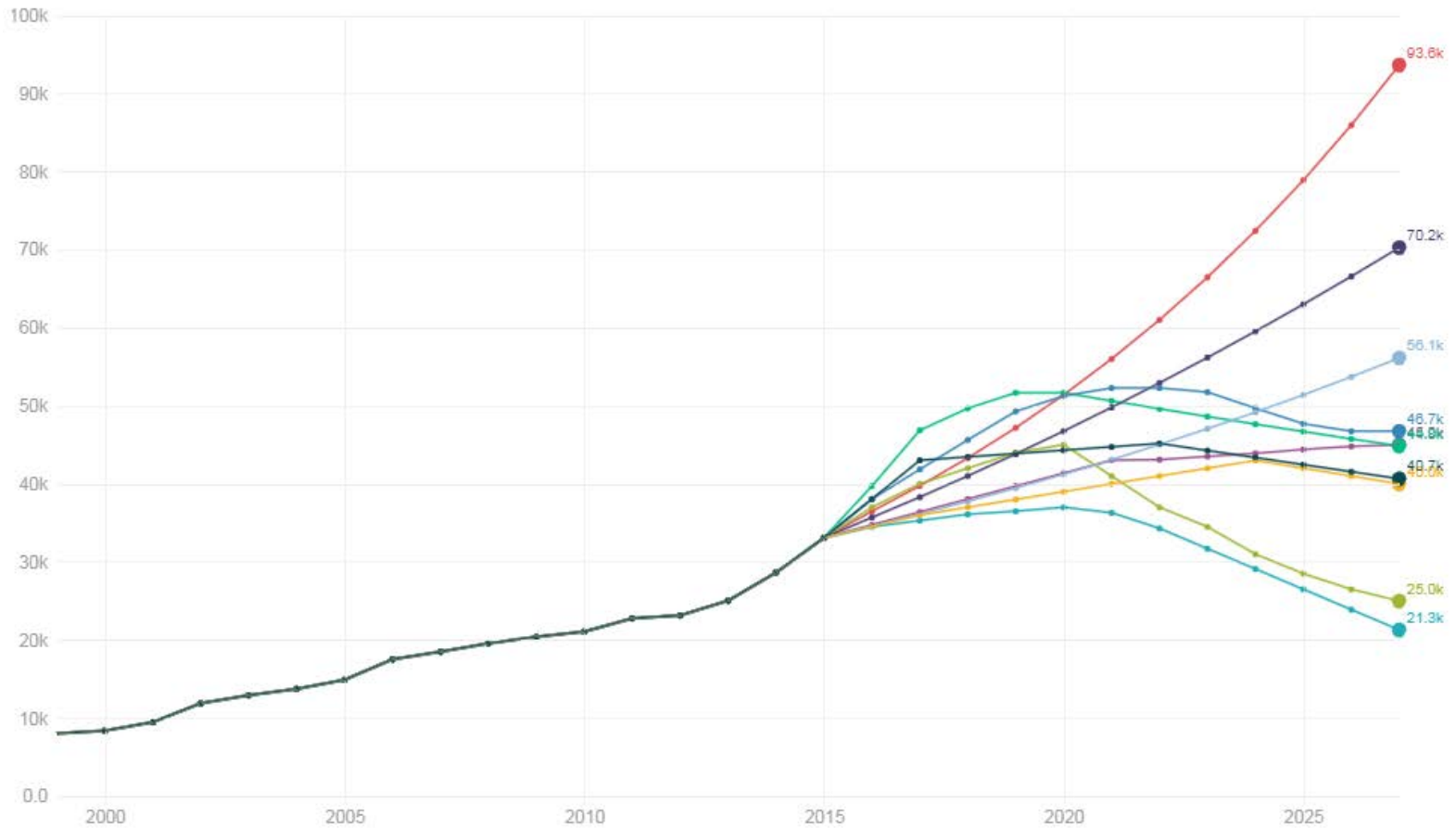
- Education to reduce stigma
- Better integration of services
- Consistent messaging

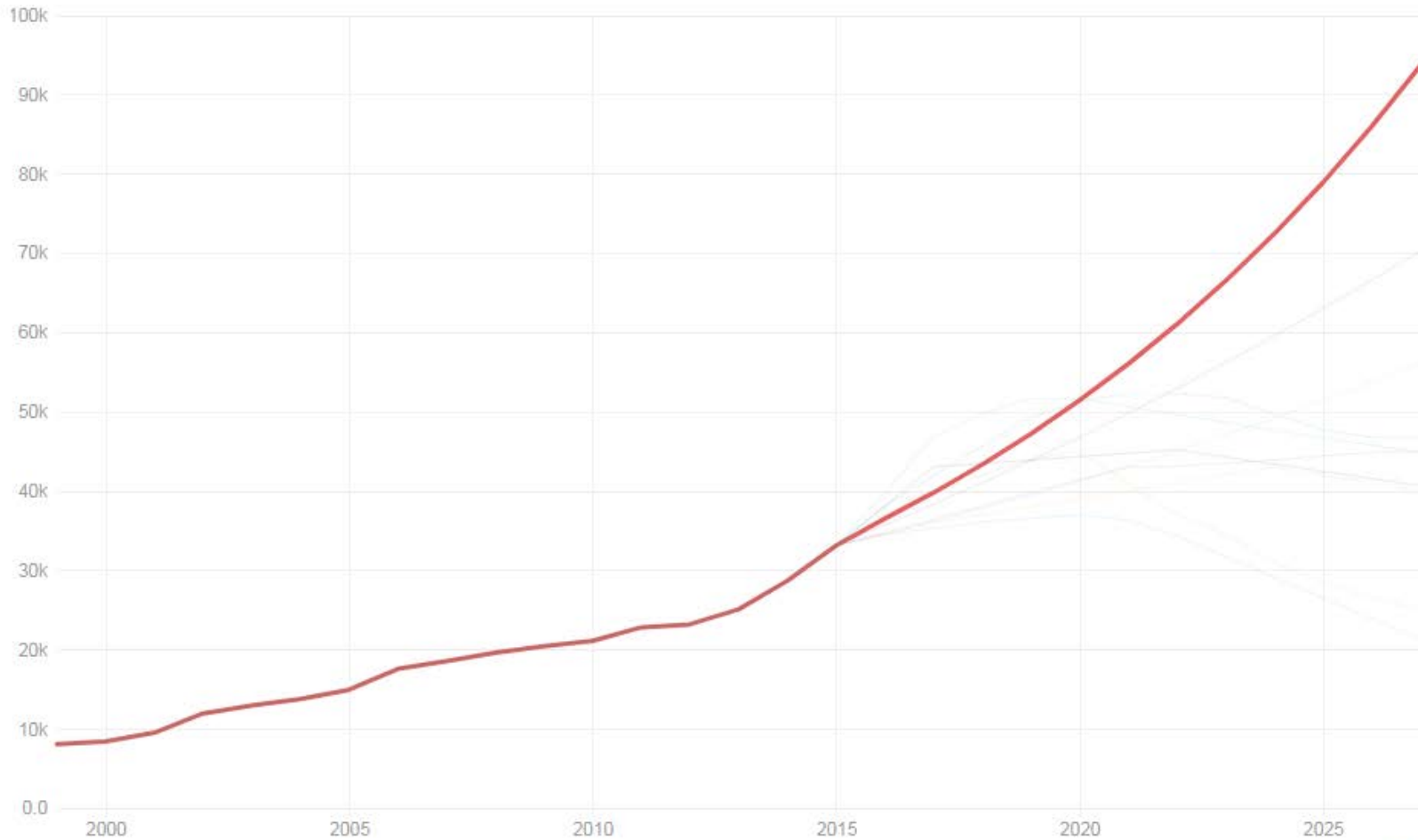
Threats

- Lack of sustained funding for treatment
- Burnout of professional recovery support
- Lack of medication management

Reaching the Overarching Goal

Opioid Overdose Deaths: 10 Projected Scenarios

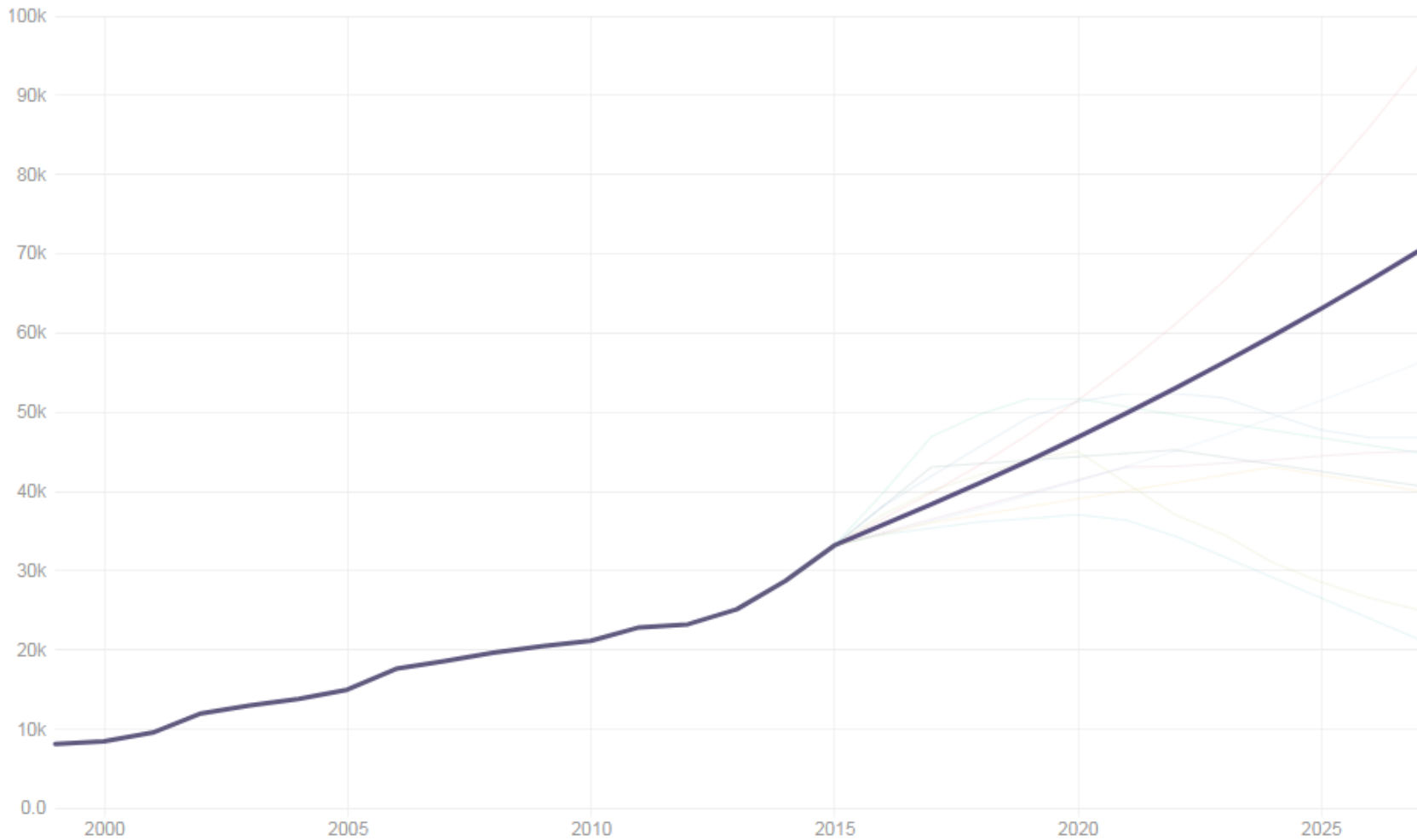




SCENARIO 1

The opioid deaths forecast for 2027 is 93,613. The forecasted change is 183% since 2015 when it was 33,091.

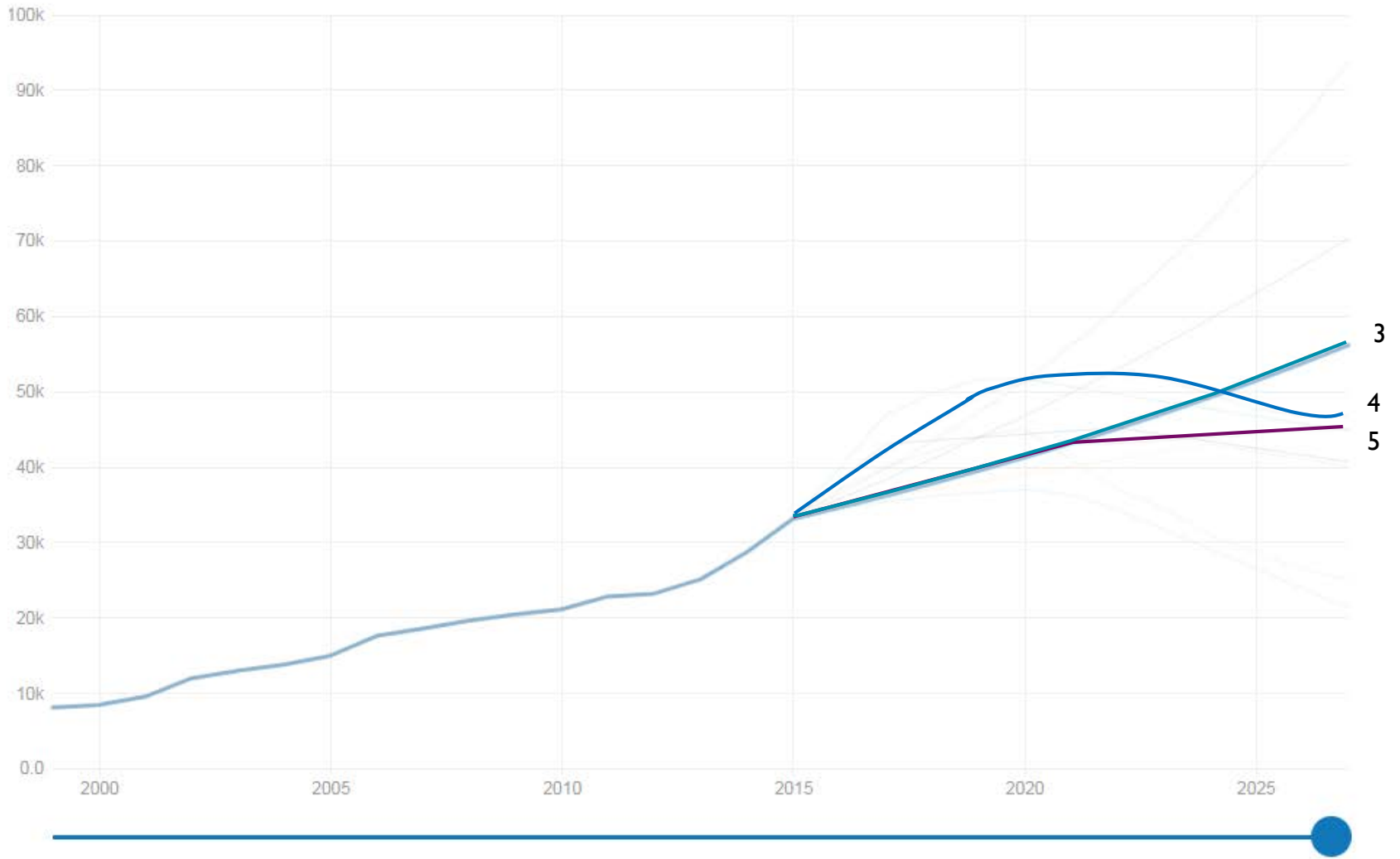
This curve assumes total drug overdoses climb at the same rate they have for decades. It's also based on the assumption opioid deaths keep making up roughly the same percentage of all drug deaths.

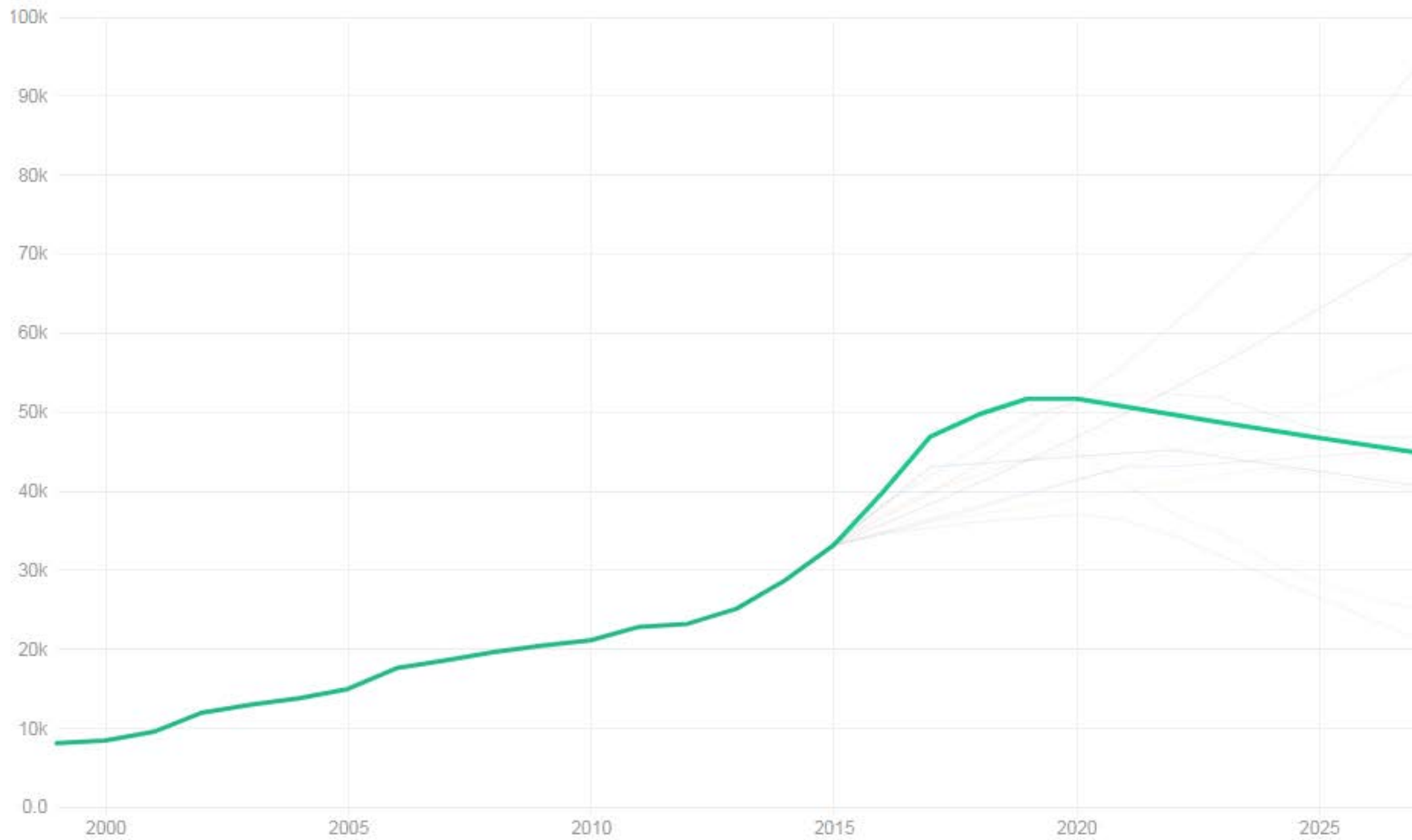


SCENARIO 2

The opioid deaths forecast for 2027 is **70,239**. The forecasted change is **112%** since 2015 when it was **33,091**.

This curve assumes illicit opioid use climbs for the foreseeable future, outweighing progress in reducing opioid prescriptions and other interventions.

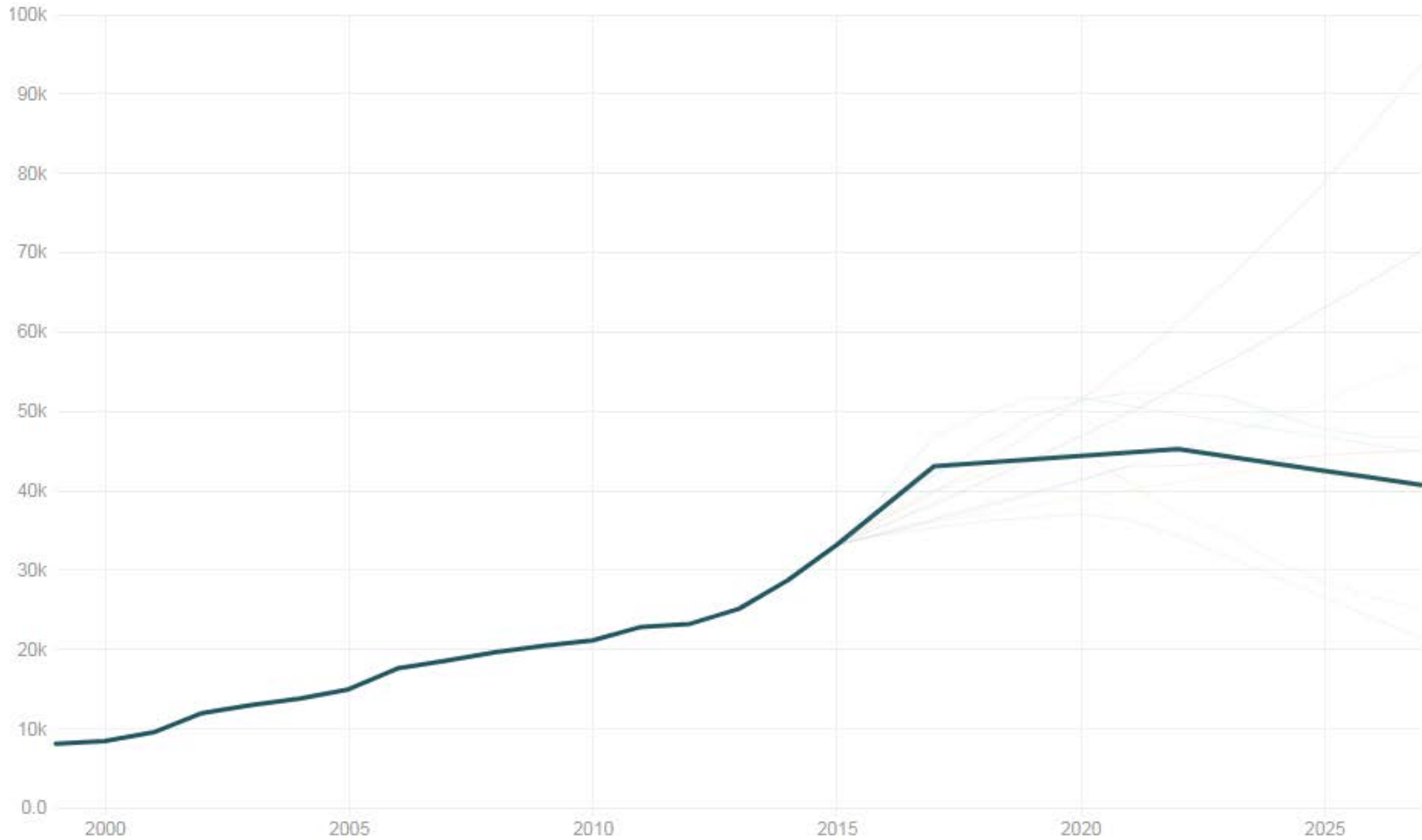




SCENARIO 6

The opioid deaths forecast for 2027 is 44,843. The forecasted change is 36% since 2015 when it was 33,091.

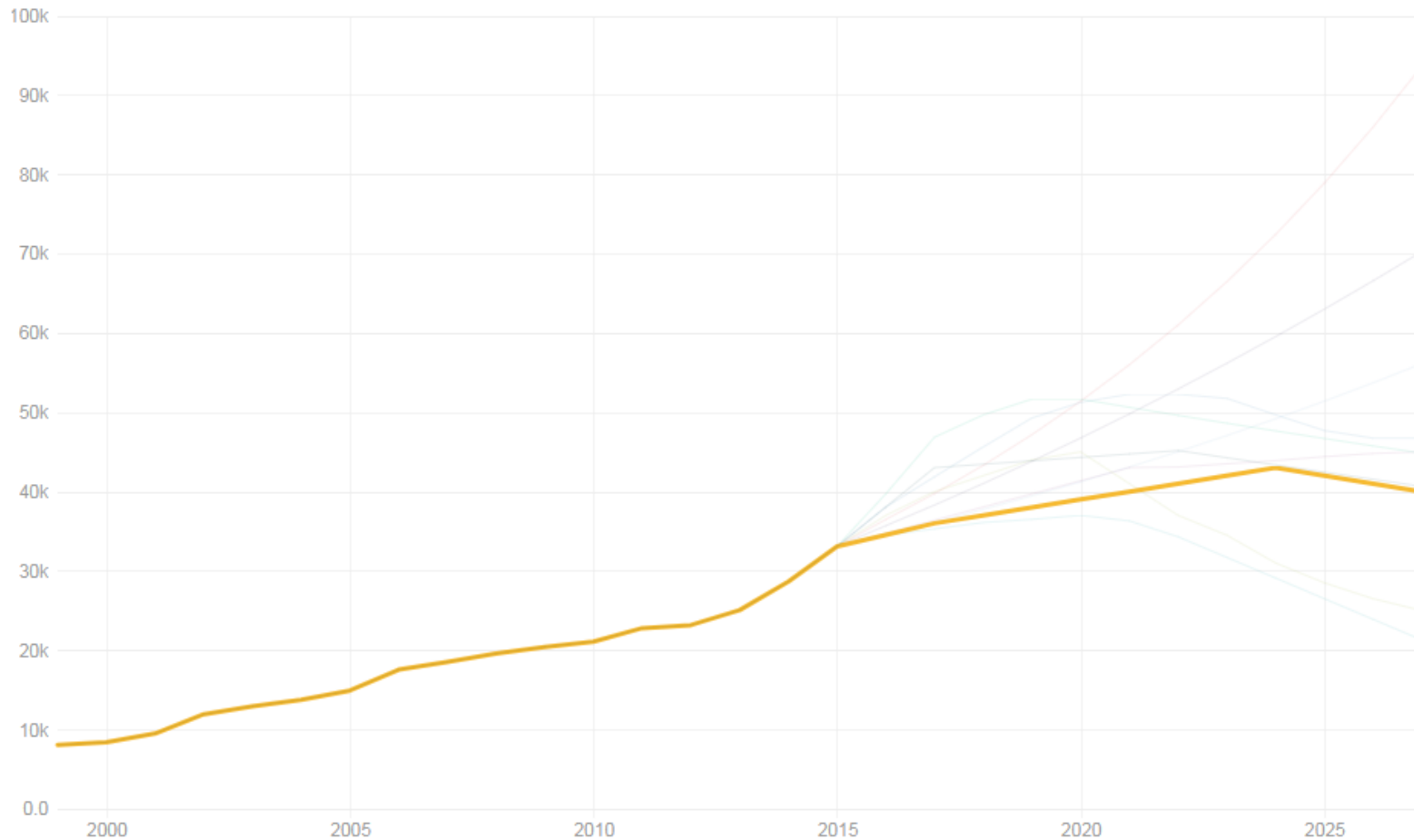
This curve assumes a sharp increase in deaths for the next several years before the effects of interventions funded through the 21st Century Cures Act kick into gear, driving down deaths.



SCENARIO 7

The opioid deaths forecast for 2027 is 40,652. The forecasted change is 23% since 2015 when it was 33,091.

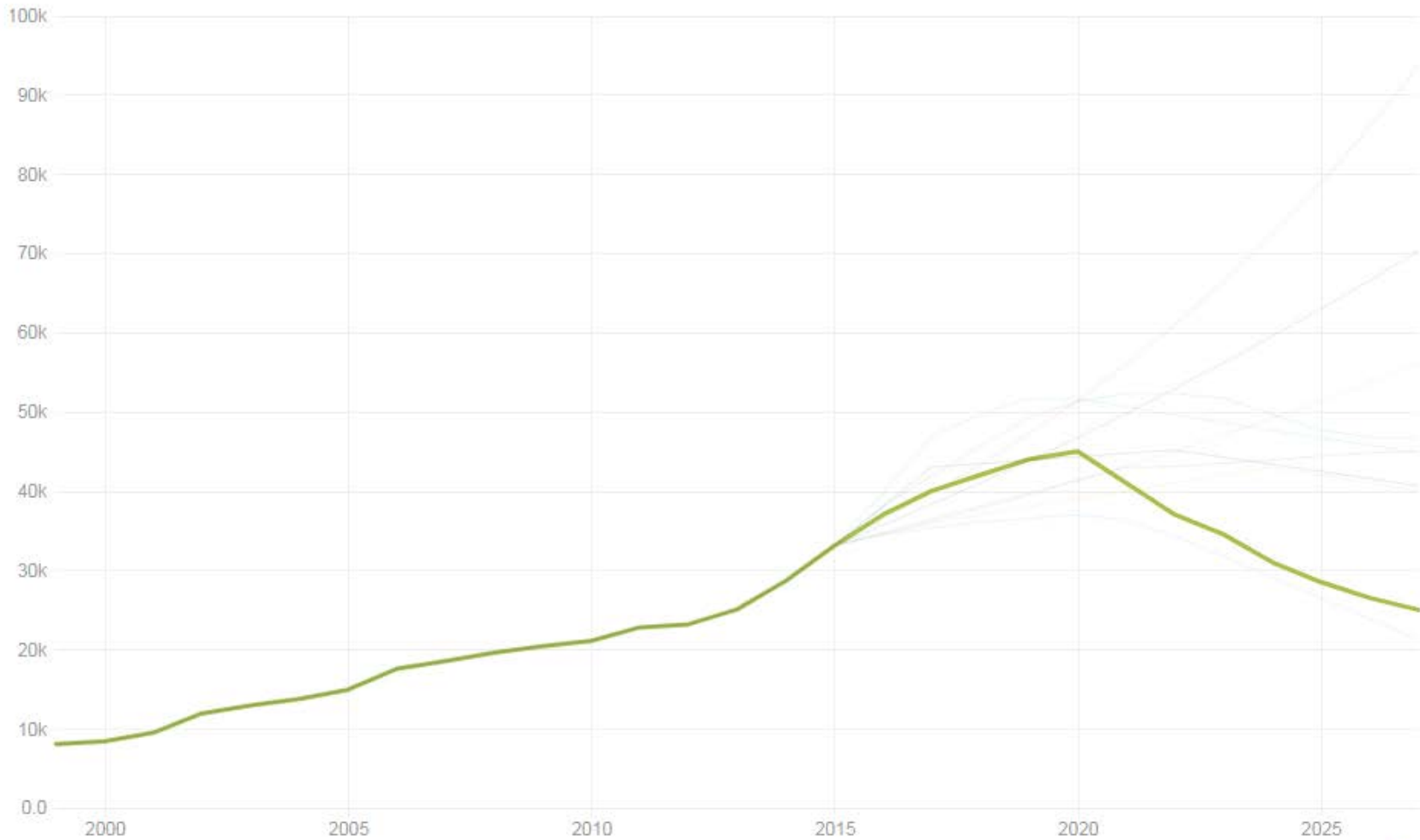
This curve assumes opioid deaths increase until a combination of increased naloxone access, decreased prescription opioids, and increased treatment lowers fatal overdoses.



SCENARIO 8

The opioid deaths forecast for 2027 is 40,000. The forecasted change is 21% since 2015 when it was 33,091.

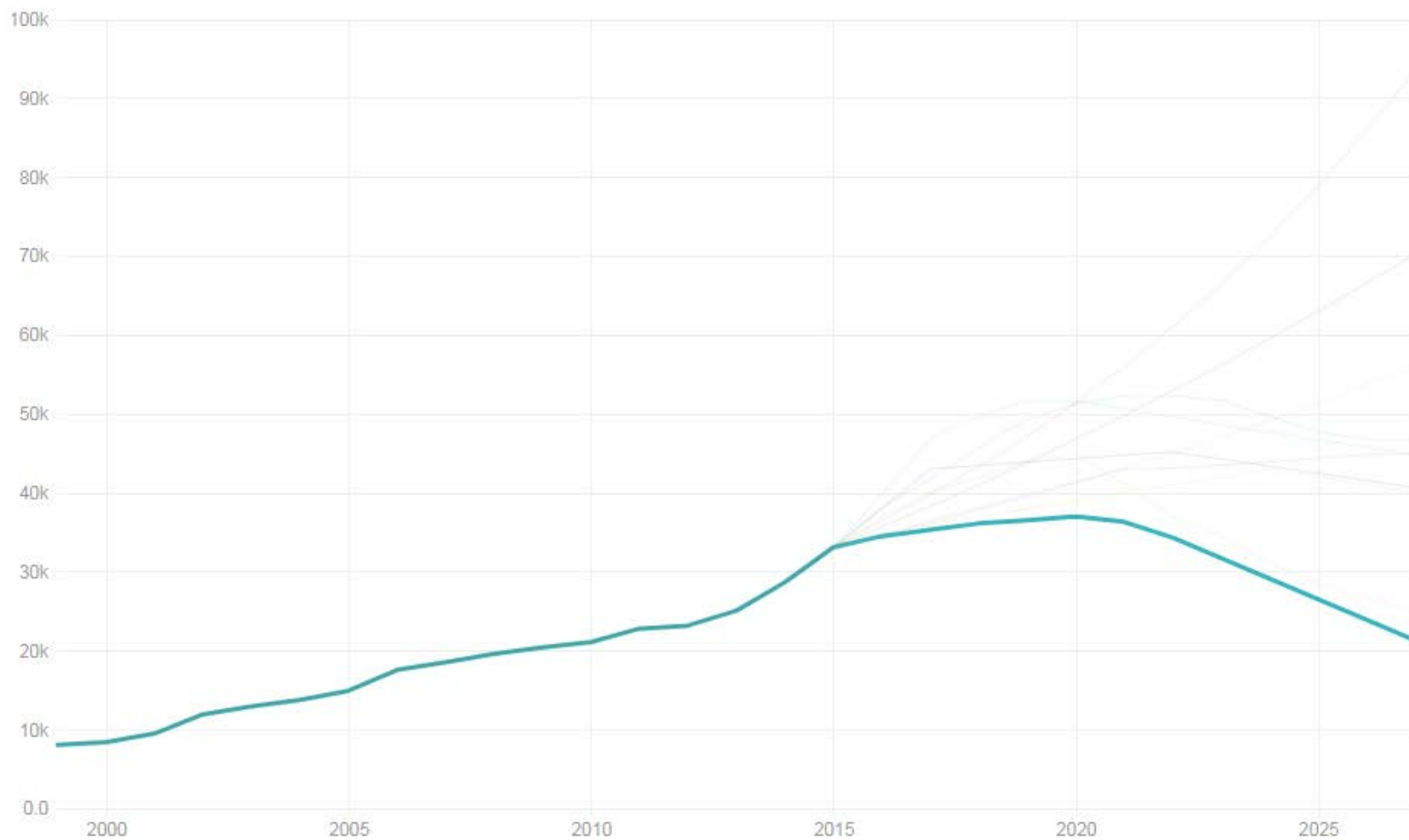
This curve assumes heroin laced with synthetic opioids causes deaths to rise for several more years. The number of deaths then peak and decline as drug users either fatally overdose or find treatment.



SCENARIO 9

The opioid deaths forecast for 2027 is **25,000**. The forecasted change is **-24%** since 2015 when it was **33,091**.

This curve assumes heroin laced with synthetic opioids increases fatal overdoses for several years — followed by declining rates of opioid prescriptions, increased naloxone and addiction treatment, and the arrival of supervised injection sites.



SCENARIO 10

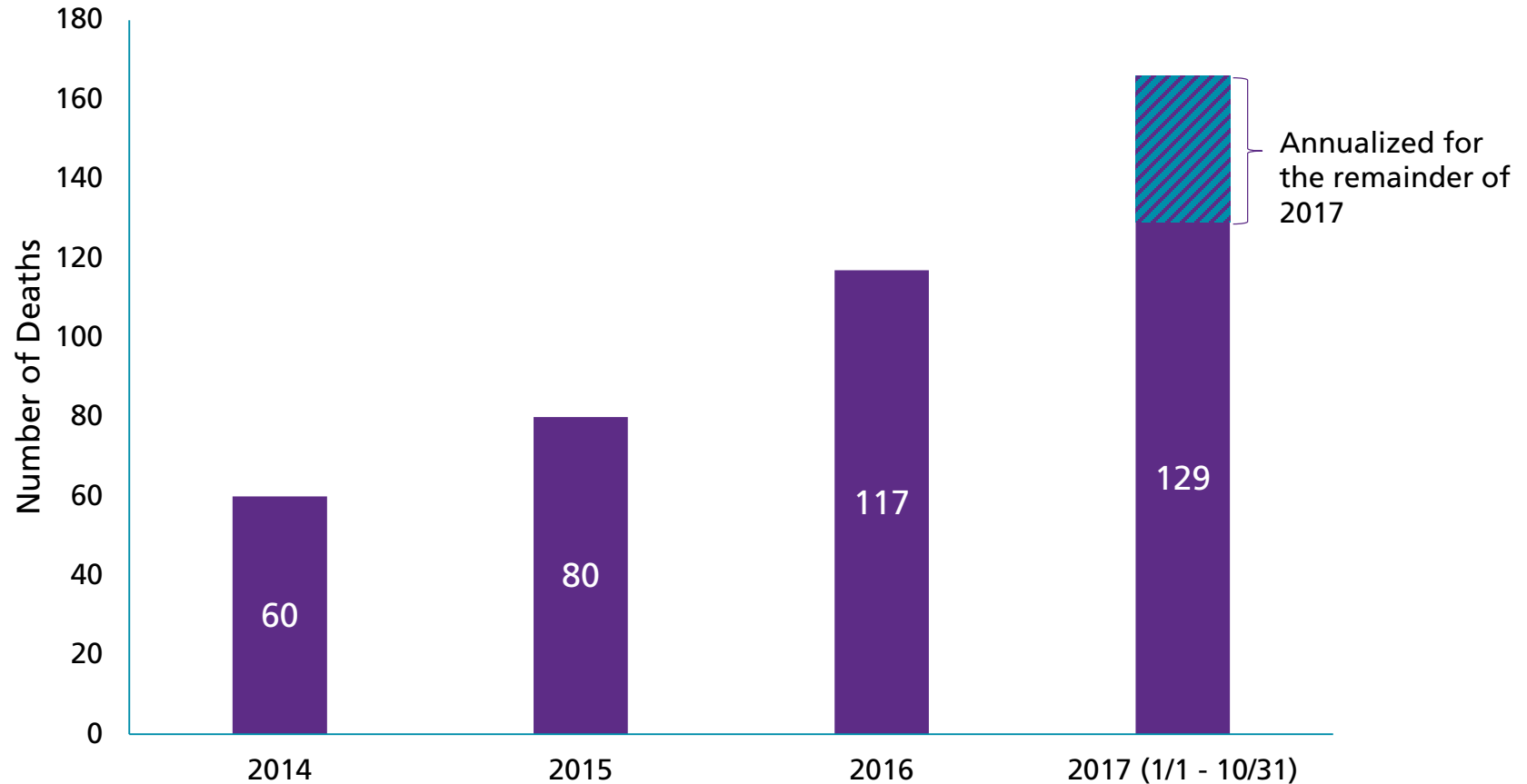
The opioid deaths forecast for 2027 is **21,300**. The forecasted change is **-36%** since 2015 when it was **33,091**.

This curve assumes doctors prescribe fewer opioids, states embrace prescription drug monitoring programs, and insurers enact reforms to increase treatment access.

Setting Goals and Measuring Progress

Lancaster County Coroner's Office Update

Total Overdose Deaths 2014-2017



Sources:

Pennsylvania State Coroners Association Report on Overdose Death Statistics, 2014

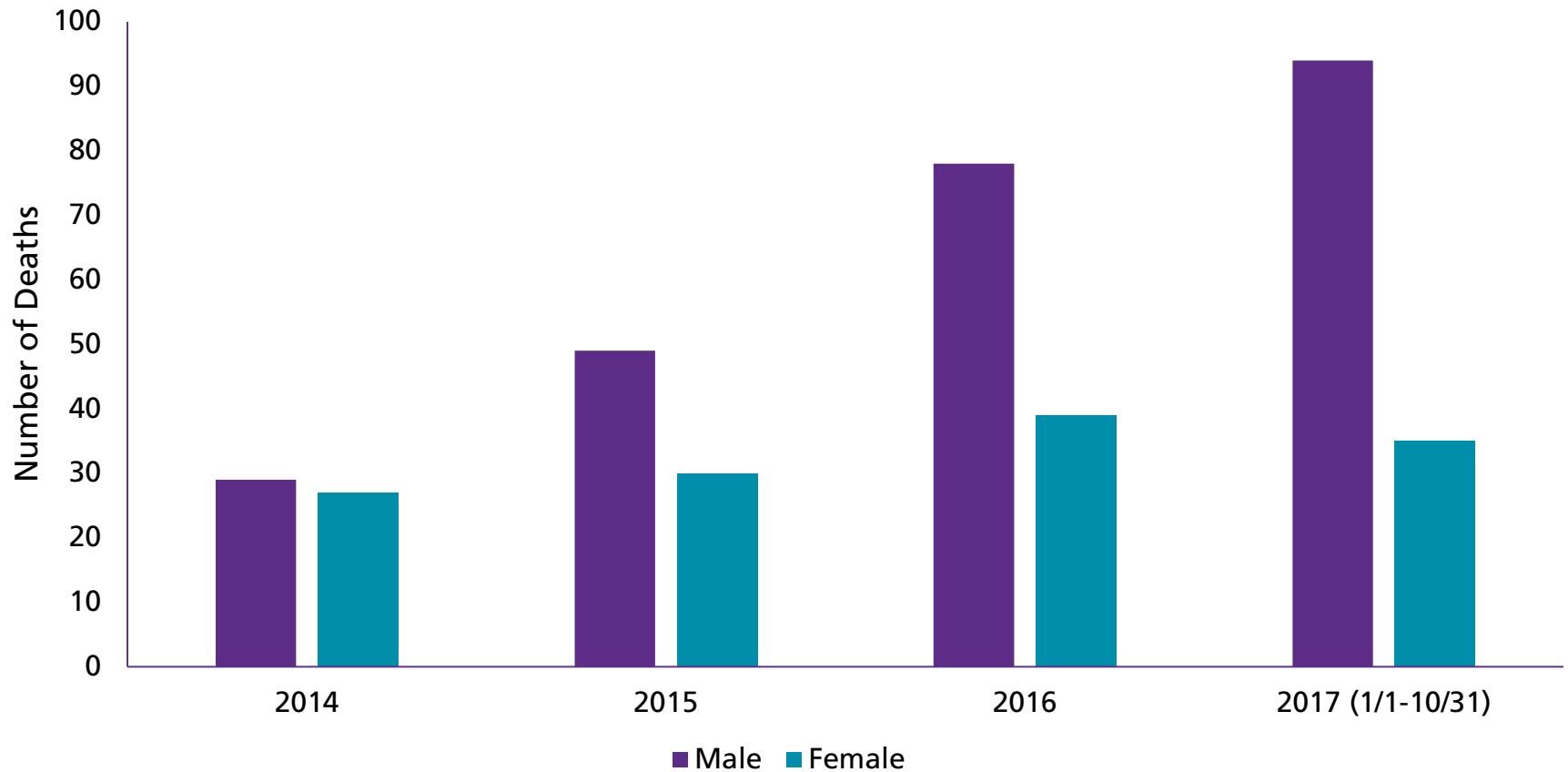
Analysis of Drug Related Overdose Deaths in Pennsylvania, 2015. Prepared by the DEA Philadelphia Field Division

Analysis of Overdose Deaths in Pennsylvania, 2016. Prepared by the DEA Philadelphia Division and the University of Pittsburgh.

Lancaster County Coroners Office data received as of 10/31/17

Overdose Deaths by Gender

2014-2017



Sources:

Pennsylvania State Coroners Association Report on Overdose Death Statistics, 2014

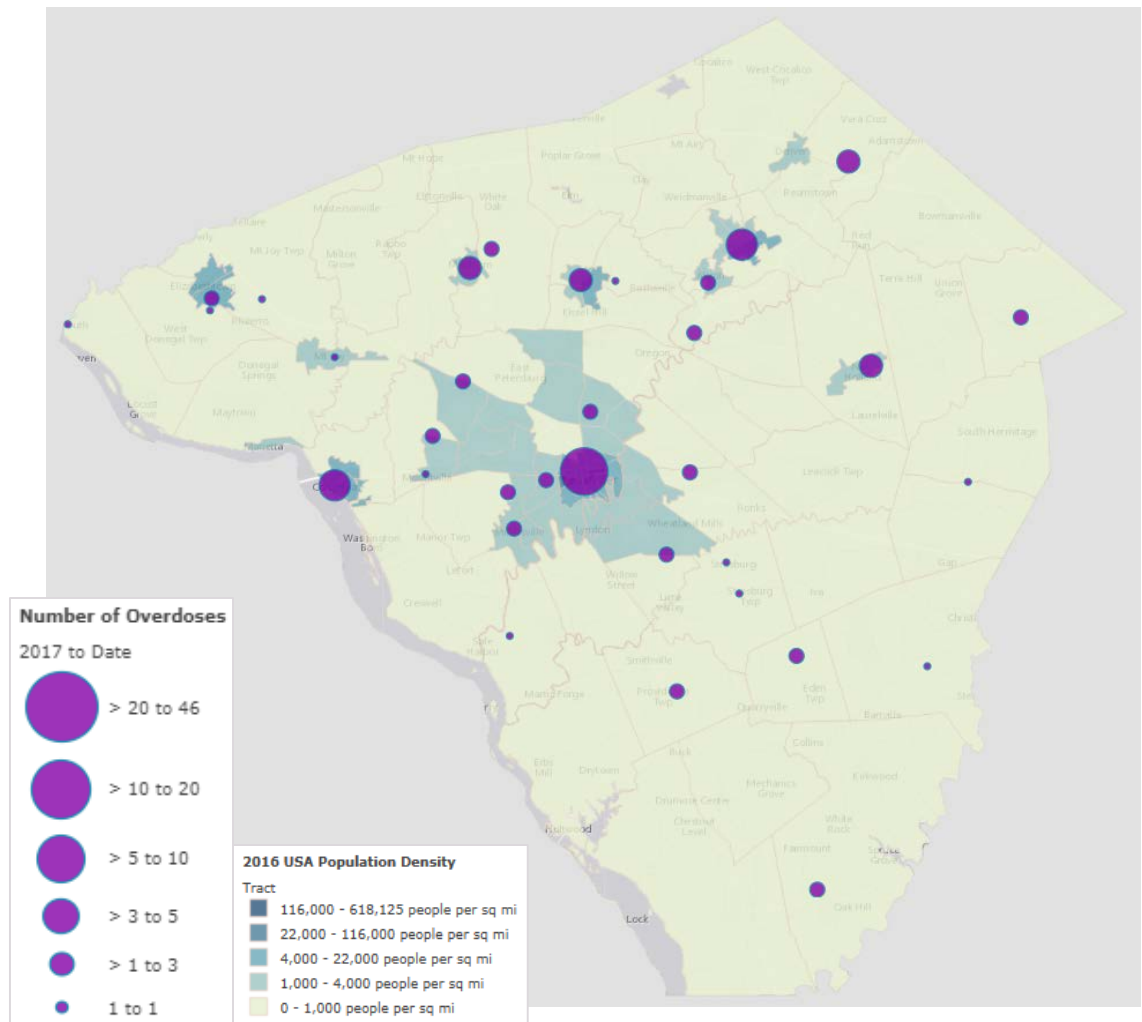
Analysis of Drug Related Overdose Deaths in Pennsylvania, 2015. Prepared by the DEA Philadelphia Field Division

Analysis of Overdose Deaths in Pennsylvania, 2016. Prepared by the DEA Philadelphia Division and the University of Pittsburgh.

Lancaster County Coroners Office

2017 Overdose Fatalities: a Closer Look

- 73% Male
- Median Age: 36
- Majority White (estimated)
- 33 out of 60 municipalities



Alice Yoder, RN, MSN
Facilitator, Joining Forces
Director, Community Health
Lancaster General Health/Penn Medicine

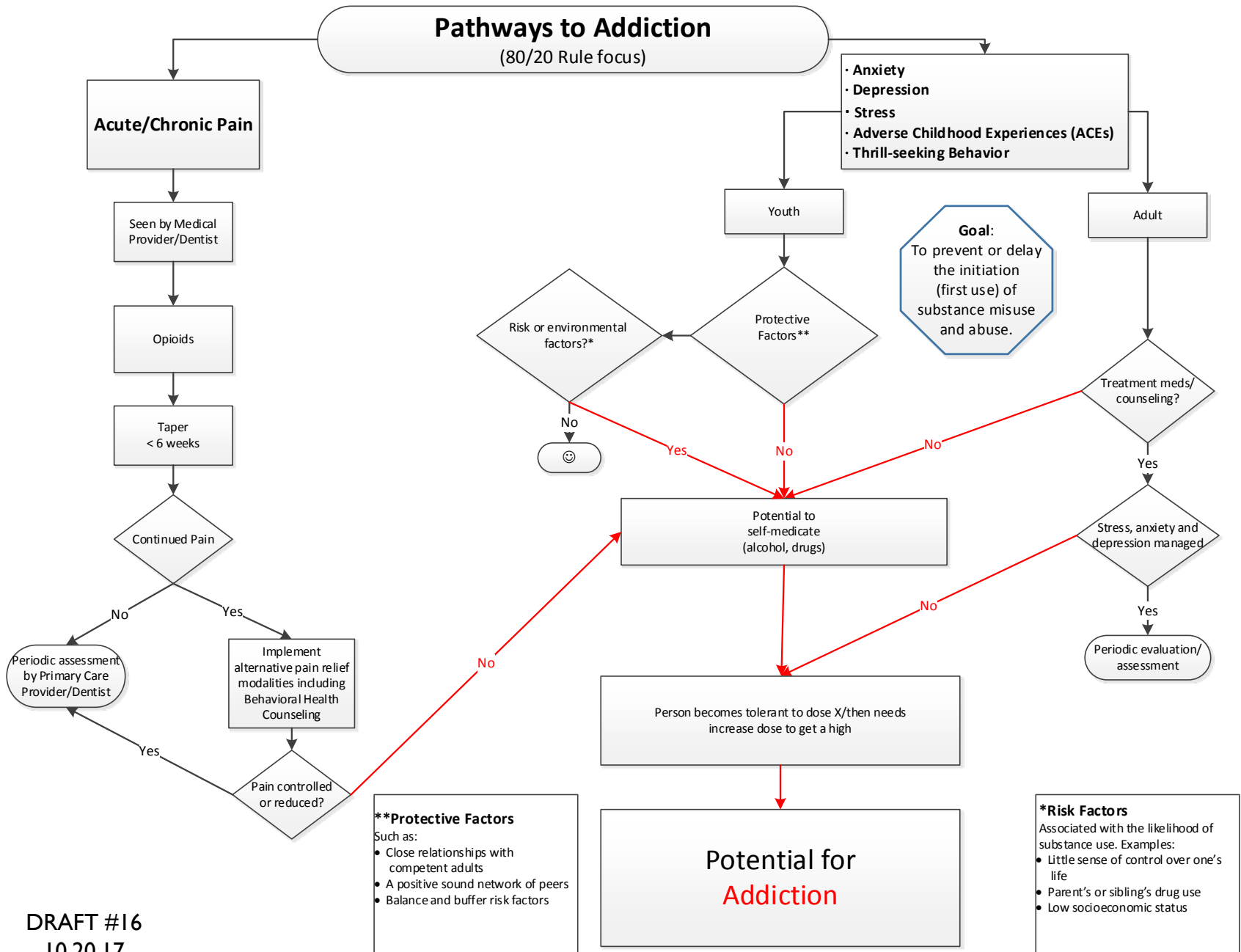


LANCASTER COUNTY
JOINING FORCES

Coordinating efforts to reduce deaths from opioids and heroin

Pathways to Addiction

(80/20 Rule focus)



Organizations & Communities



Dale Brickley, PhD

Co-chair, Let's Talk, Lancaster Behavioral Health
Action Team

Sr. Director of Innovation and New Service
Development, WellSpan Philhaven



Let's Talk, Lancaster

changing the conversation
about mental health

Behavioral Health Provider Action Team

- ❑ **Distribute** information
- ❑ **Facilitate** the distribution of Naloxone
- ❑ **Encourage** worksites to offer/expand EAP programs
- ❑ **Increase screening** by Primary Care Provider for anxiety, depression & stress, and streamline connections to counseling
- ❑ **Increase MAT** providers in Lancaster County
- ❑ **Advocate** for Recovery Support Specialists in Lancaster County

Coleen Kayden, RPh
Consultant Pharmacist
Medication Information Services



www.opioidaware.org

Data Collection

Treatment of pain/resource needs

Identify Best Practices

Education

Communication

- ❑ **Unified messaging**
- ❑ **Education and data collection on**
 - ❑ Chronic
 - ❑ Acute
 - ❑ Addiction
- ❑ **Risk Mitigation** for Rx opioids, benzodiazepines, etc.

Darrell Fisher
National Registered Paramedic
President of the County EMS Council





- Provide training on Naloxone**
- Connect individuals to resources**

Rick Kastner
Executive Director
Lancaster County Drug & Alcohol Commission





- ❑ **Provide support for treatment and recovery programs**
- ❑ **Provide support for meetings and groups for those suffering from the emotional pains of addiction**

Amy Marenick, MEd

Lancaster County Recovery Alliance, Executive Team
SAP Facilitator, School District of Lancaster



LANCASTER COUNTY
RECOVERY ALLIANCE



- ❑ Provide opportunities for individuals in recovery to share their stories in an effort to **increase awareness and decrease stigma**
- ❑ Distribute **information** to the community on the appropriate use, storage and disposal of prescription opioids

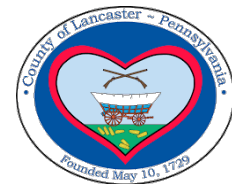


- ❑ Recovery Day
- ❑ "Remembrance Space" Project in the Public Park
- ❑ Ongoing efforts for stigma reduction/integration work

Craig Stedman

Lancaster County District Attorney

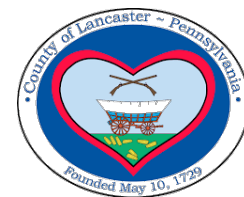




- ❑ **Expand** statutory tools for prosecuting major distributors
- ❑ **Investigate and prosecute** high-impact cases
- ❑ **Direct resources** towards the greatest threats, including but not limited to individuals and institutions responsible for the trafficking of heroin and fentanyl, those who improperly prescribe or divert opioids and those who use violence to further drug-trafficking activities
- ❑ **Encourage** information sharing
- ❑ **Partner** with federal, state, and local law enforcement partners to better facilitate **information sharing**

Teri Miller-Landon, MSW
Deputy Director of Administration
Adult Probation and Parole Services

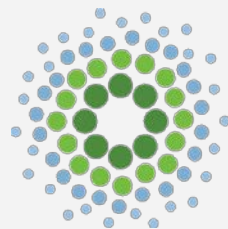




- ❑ Support drug court program
- ❑ Assist in providing links to recovery treatment

Anna Ramos

Workforce Initiatives Manager



Lancaster Chamber
People | Business | Community



- ❑ **Educate** employers on the issue
- ❑ **Provide resources** to employees, of best practices in **EAP** programs
- ❑ **Advocate** to health insurers to provide coverage for treatment and alternative approaches.

Eric Kennel
Executive Director



COMPASS MARK
TRANSFORMING LIVES. STRENGTHENING COMMUNITIES.

- ❑ Facilitate evidence-based prevention programs in **schools**
- ❑ Connect affected individuals and families to appropriate **recovery resources**
- ❑ Support **community education** initiatives
- ❑ Provide **technical assistance** for community coalitions to advance best practices

Christine Glover
Community Prevention Mobilizer



COMPASS MARK

TRANSFORMING LIVES. STRENGTHENING COMMUNITIES.

Community Prevention Mobilizer

- ❑ Provide and support **technical assistance for Community Coalitions**
- ❑ Advance use of evidence-based programs, policies, and procedures

- ASAP Lititz
- Community Life Network
- Donegal Substance Abuse Alliance (DSAA)
- Elanco Coalition for a Drug Free Community
- Elizabethtown Area Communities that Care
- Ephrata Cares
- Lancaster County Recovery Alliance
- Lancaster CTC
- Manheim Township Community Life Task Force
- Penn Manor Bridges Task Force
- Project Lazarus Lancaster County
- Solanco Family Life Network

Want to Know More or Get Involved?

Contact:

Christine Glover

717.299.2831

cglover@compassmark.org

Gail Viscome
Executive Director

ELIZABETHTOWN AREA



Communities That Care

□ Mission

- Community benefit organization committed to improving the lives of children, youth, and families in the Elizabethtown Area
- Research-based programs and environmental strategies to decrease youth alcohol and drug use, and other high-risk behaviors
- Partner with schools, parents, churches, businesses and others to make positive changes in our community

□ Facilitate Drug Free Communities Coalition

ELIZABETHTOWN AREA



Positive Community Norms Campaign at EASD Power of Parents and Power of Youth Trainings

Next Steps

Opioids in the Workplace Forum and Policies

New Concept for Mentoring Initiative

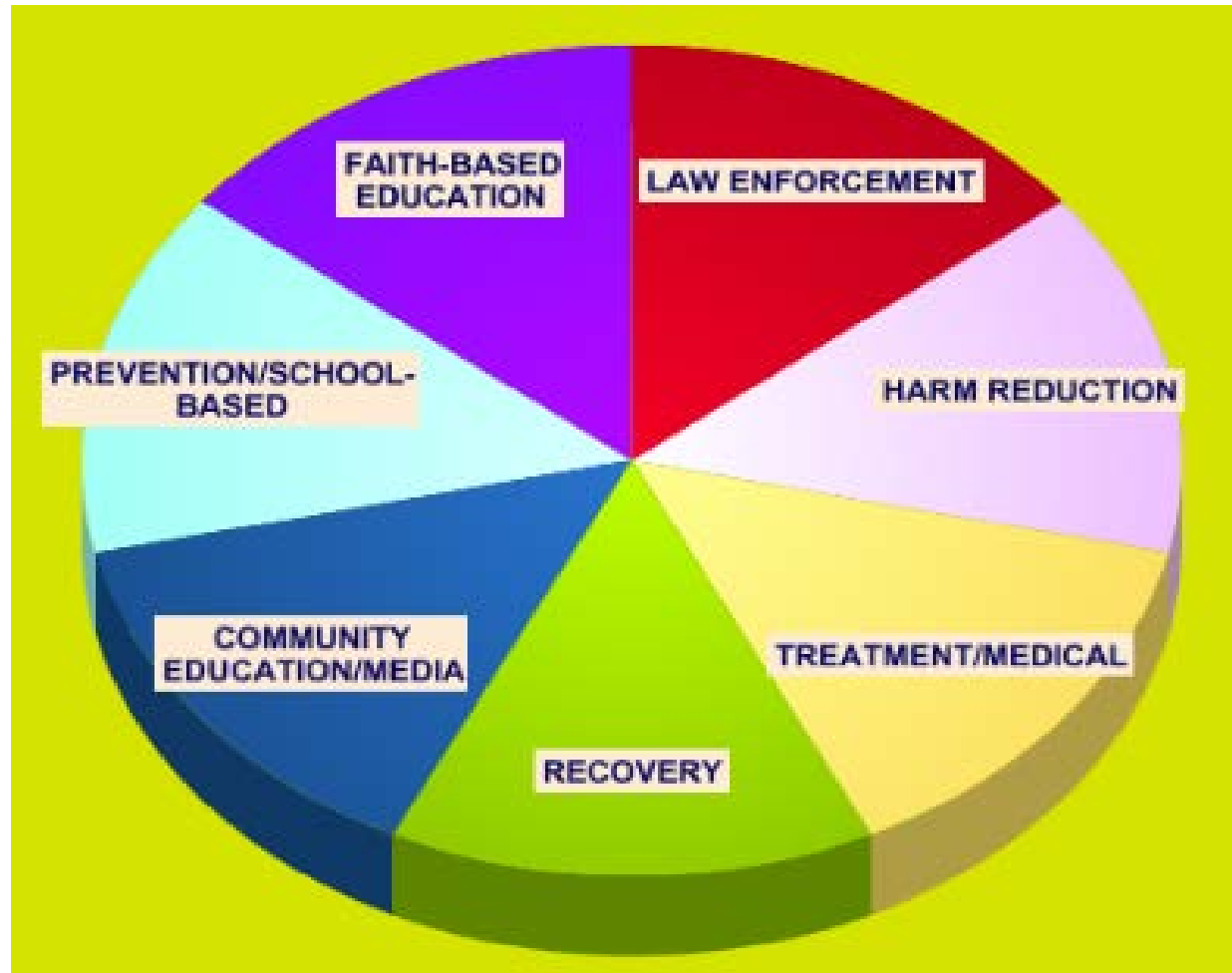
Trauma-Informed Communities

Helen Jones
Director of Social Work
SouthEast Lancaster Health Services



PROJECT LAZARUS
Lancaster County

Started in July 2017.
We welcome all members of the
community.



Highlights/Accomplishments:

- Grant funded coordinator
- Starting an Overdose Prevention Program
- Recovery House Coalition
- EMS training law enforcement, bar association, schools
- Surveying faith community
- Organizing a community forum on November 28 at McCaskey High School

Mark Hirschman
Community Member



- ❑ Focused on raising awareness
 - ❑ Drugs 101 to Parents
 - ❑ Assemblies for High School Students
 - ❑ Town Hall Meeting
 - ❑ Numerous Community Meetings and Presentations
 - ❑ Opioids in Workplace
- ❑ Supporting Individuals and Families in or Seeking Treatment



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www.lancasterjoiningforces.org