



LANCASTER COUNTY
JOINING FORCES
Coordinating efforts to reduce deaths from opioids and heroin

Lancaster County Commissioners' Meeting

Warwick Township

June 12, 2018

Presented by:

Alice Yoder, RN, MSN

Facilitator, Joining Forces

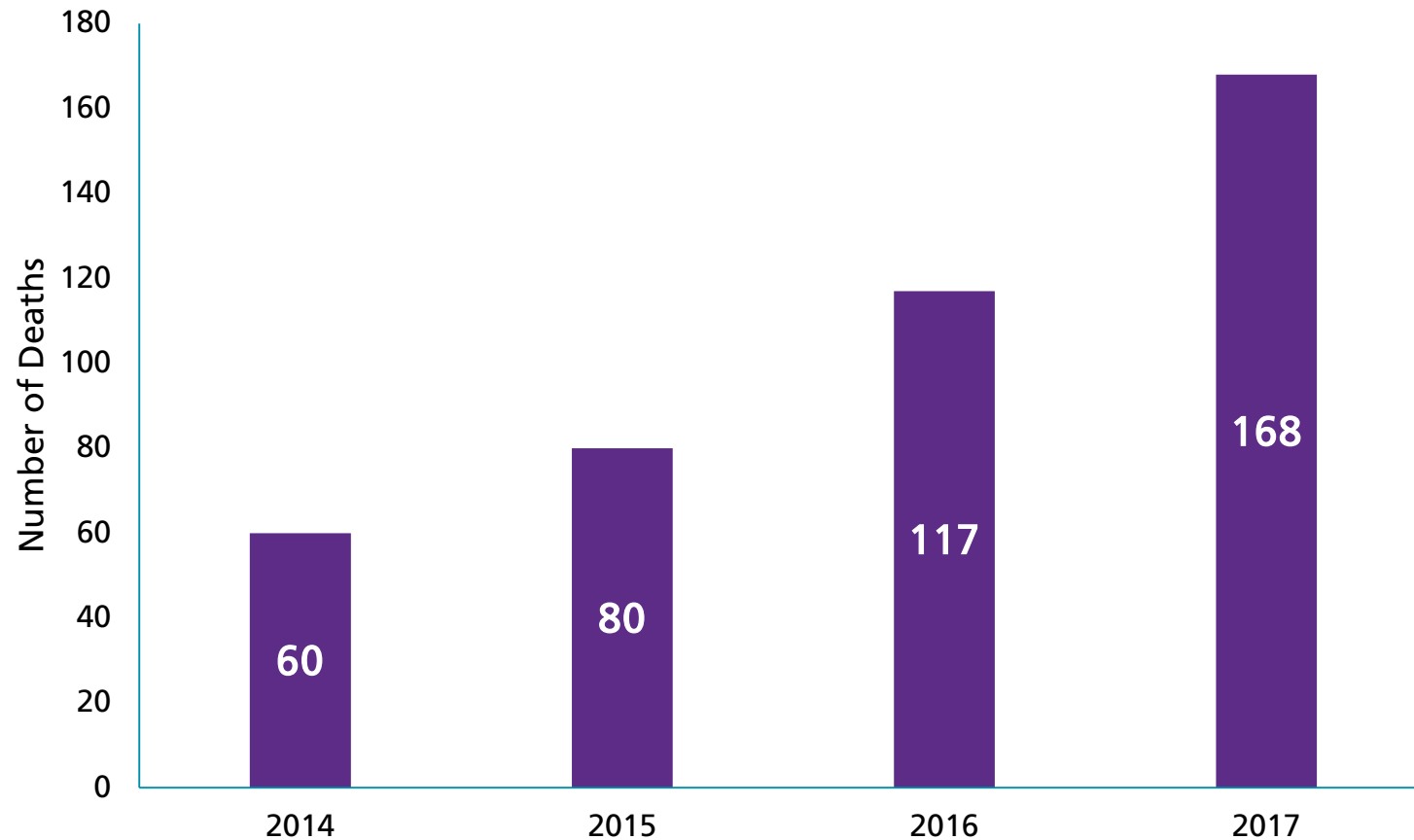
Director, Community Health, Penn Medicine Lancaster General Health

"The best time to plant a tree is 20 years ago. The second best time is now."

-Chinese Proverb



Lancaster County Total Overdose Deaths 2014-2017



Sources:

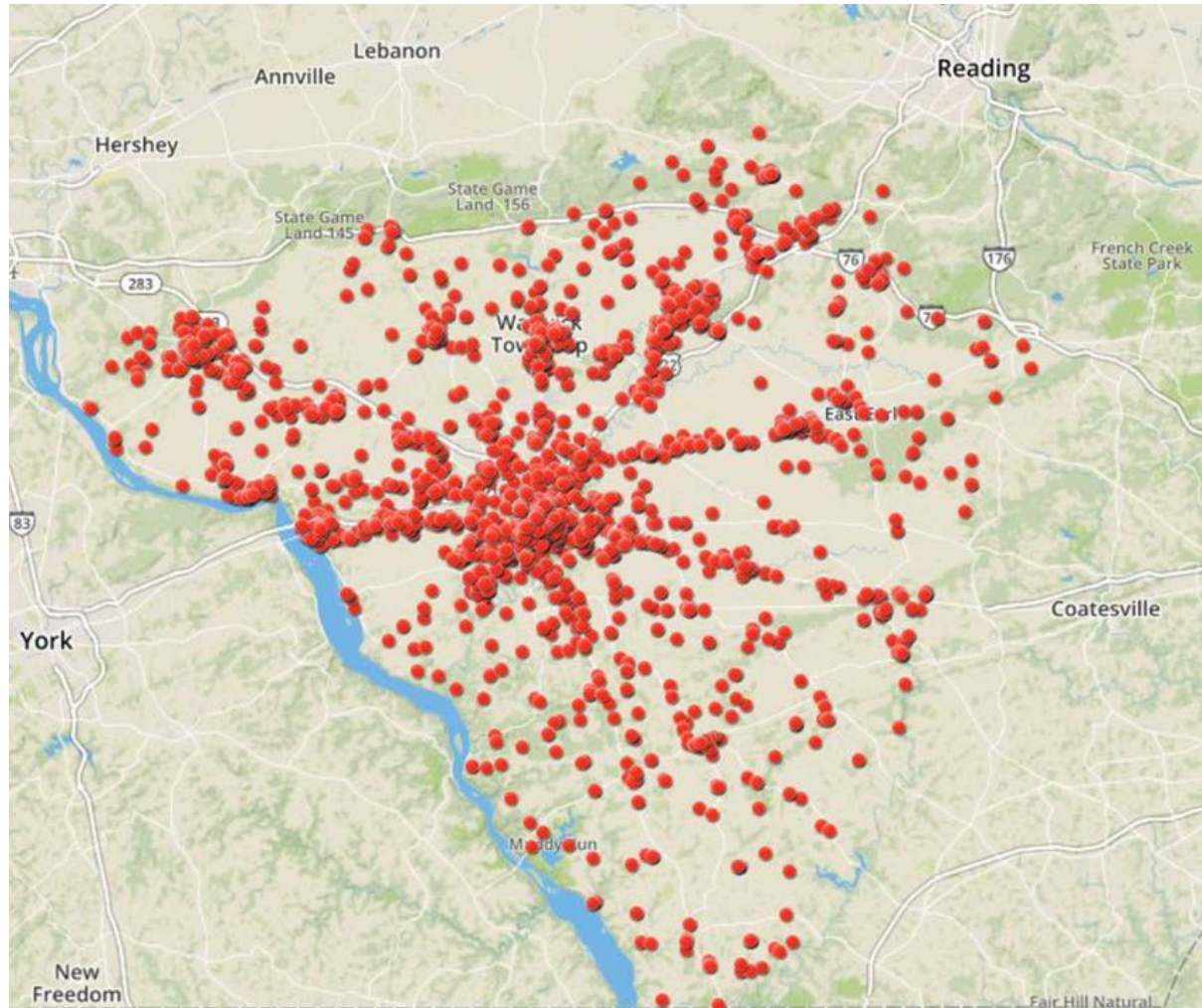
Pennsylvania State Coroners Association Report on Overdose Death Statistics, 2014

Analysis of Drug Related Overdose Deaths in Pennsylvania, 2015. Prepared by the DEA Philadelphia Field Division

Analysis of Overdose Deaths in Pennsylvania, 2016. Prepared by the DEA Philadelphia Division and the University of Pittsburgh.

Lancaster County Coroners Office

Emergency Overdose Reports



What were we missing?

- ❑ Coordinate current efforts, focus evidence based practices, and fill in gaps
- ❑ Collect, trend, and report data (community-wide website)
- ❑ Target implementation of evidence-based strategies and to scale



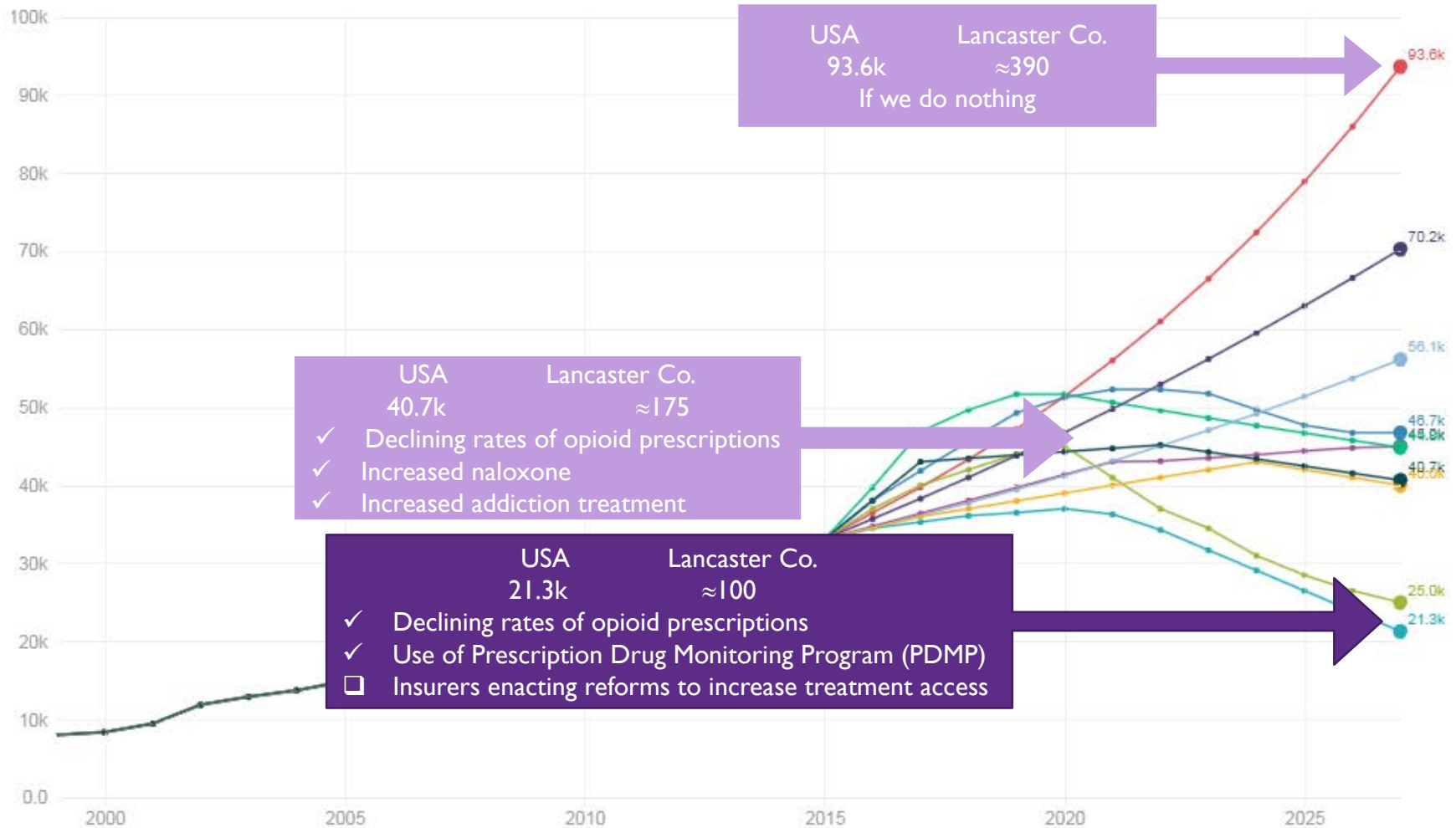
LANCASTER COUNTY
JOINING FORCES
Coordinating efforts to reduce deaths from opioids and heroin

Lancaster County Joining Forces aims to support and **coordinate efforts** to reduce deaths from opioids and heroin. In doing so, we **strengthen the great work** already happening in communities throughout the County, while allowing us to **identify gaps** in services and treatments so that we can **save lives together**. The goal is to focus on evidence-based practices outlined by the Substance Abuse and Mental Health Services Administration (SAMSHA) and the Centers for Disease Control and Prevention (CDC) to reduce exposure to opioids, prevent misuse, and treat opioid use disorder.

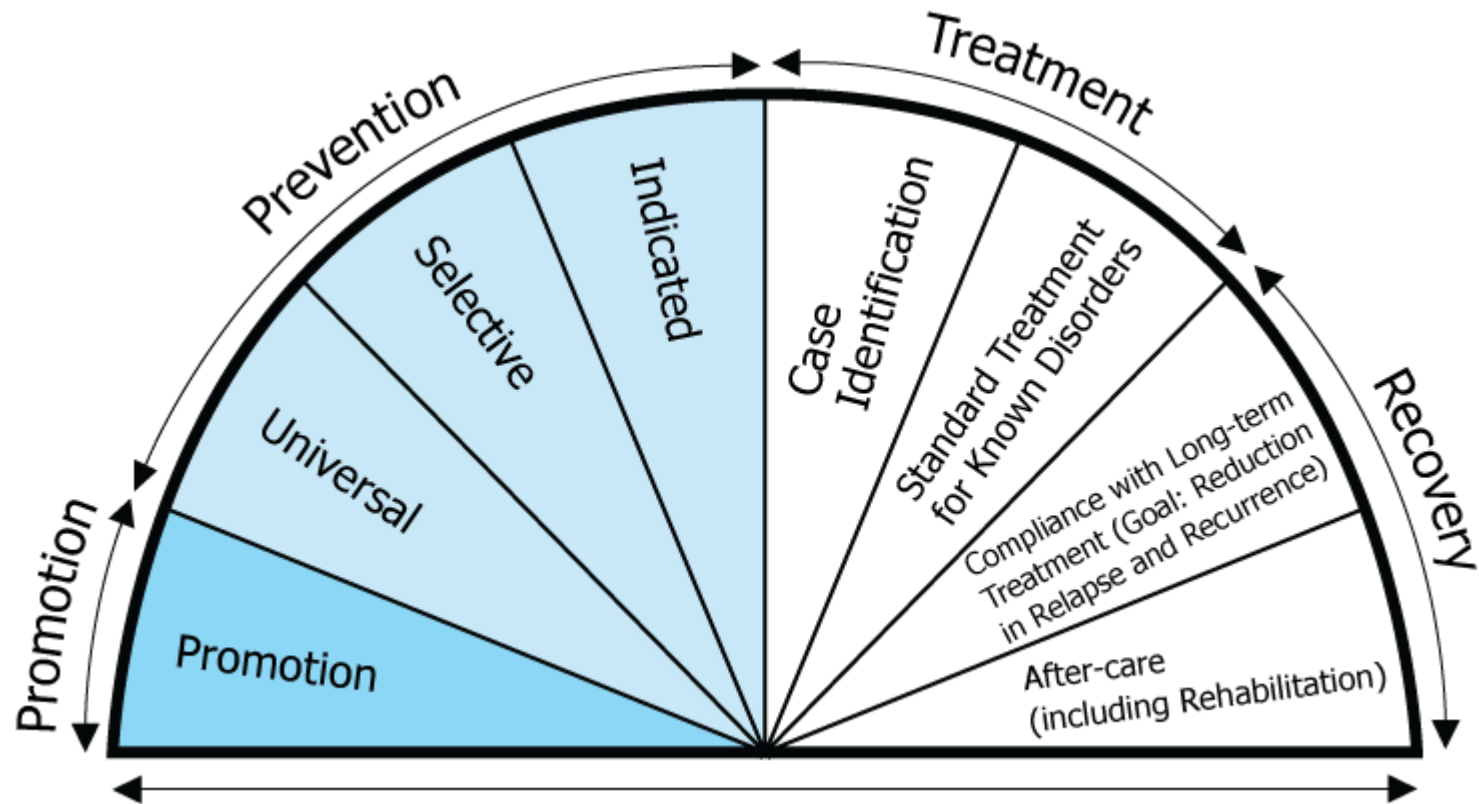
Steering Committee

- ☐ Behavioral Health
- ☐ Business
- ☐ Community Collaboratives
- ☐ County Government
- ☐ Drug & Alcohol Committee
- ☐ EMS
- ☐ Healthcare
- ☐ Law Enforcement, Corrections, and Courts
- ☐ Local Government
- ☐ Prevention
- ☐ Recovery Community

Opioid Overdose Deaths: 10 Projected Scenarios

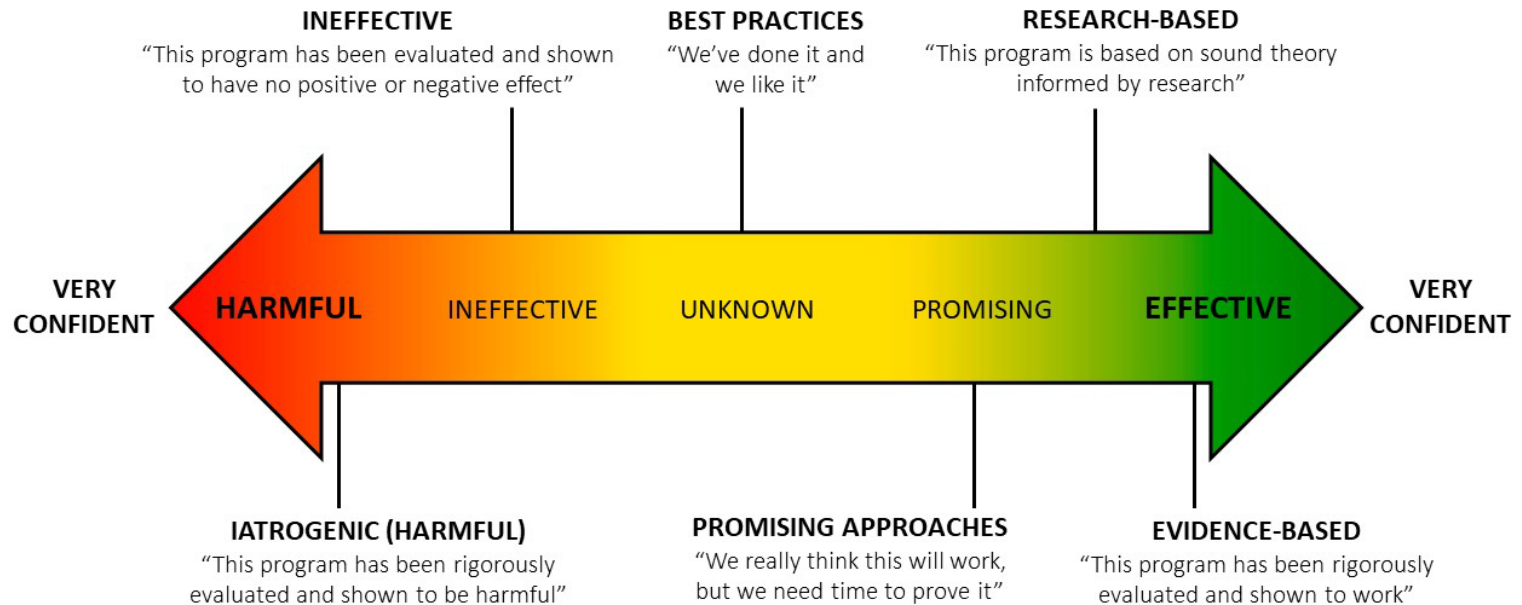


Substance Abuse/Misuse Framework for Action Continuum of Care



Evidence-Based Practice

Continuum of Confidence





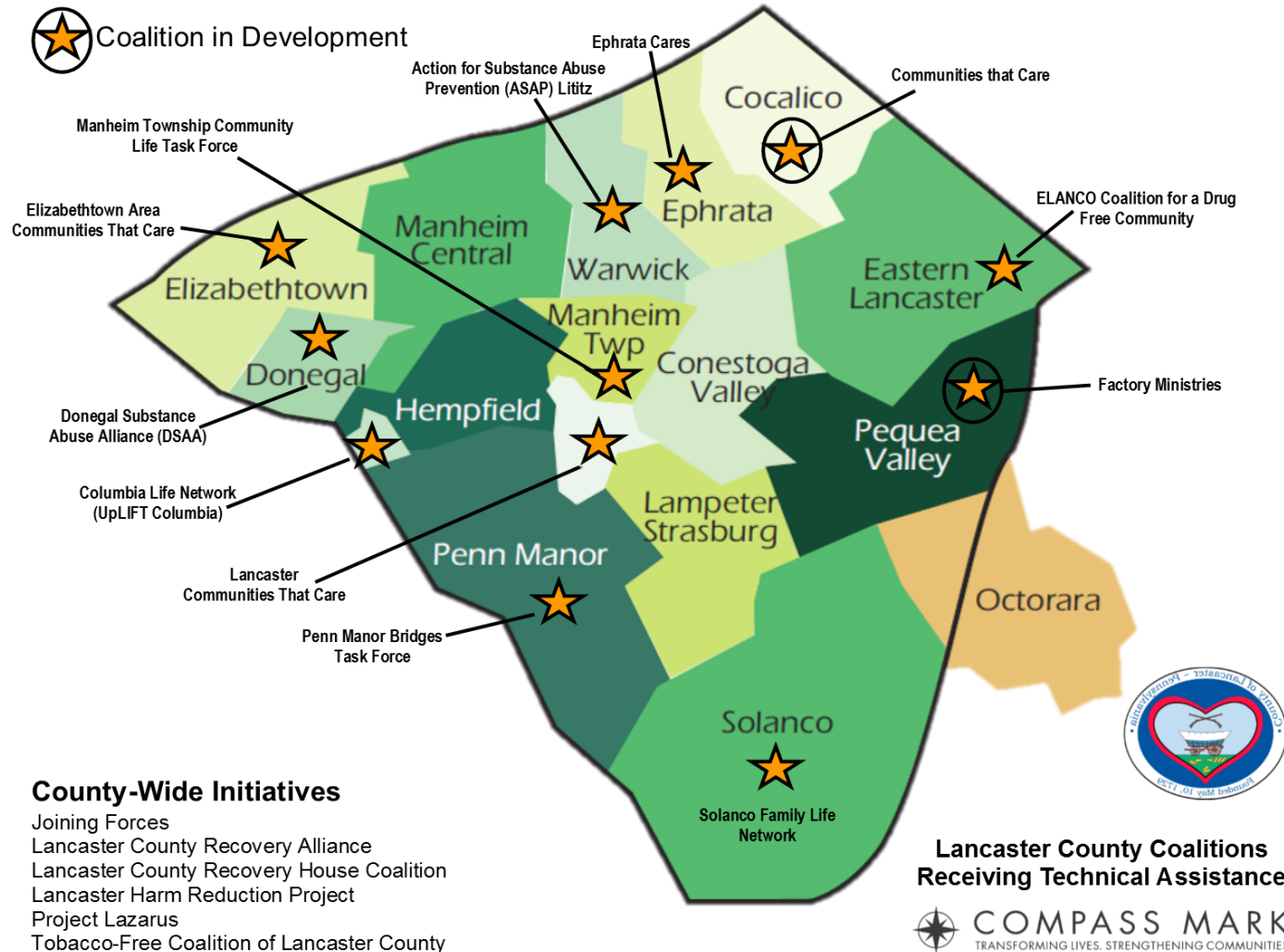
Community Groups



And More!

- Columbia Life Network
- Elanco Coalition for a Drug Free Community
- Lancaster Communities that Care
- Manheim Township Community Life Task Force
- Penn Manor Bridges Task Force
- Lancaster County Recovery Houses Coalition

Community Groups



Accomplishments To Date

Saturate the Community with Unified Messaging

HELP IS HERE

for alcohol and other drug
problems in Lancaster County

IN AN EMERGENCY
CALL 9-1-1

NEED DETOX? CALL
866-769-6822

NEED HELP FOR YOU OR A LOVED ONE?

For information and referrals,
call or visit:

717-299-2831
compassmark.org

OR
2-1-1
www.211.org

PRESCRIPTION DRUG DROP-OFF LOCATIONS

Please call ahead for hours of availability prior to bringing your
medications for disposal. (Listed alphabetical by city)

Columbia Borough Police Dept.
308 Locust Street, Columbia, PA 17512
Southern Regional Police Dept.

717-872-0352

717-872-0352

717-355-5302

n, PA 17022 717-367-2212

7022 717-367-8481

PA 17022 717-653-6888

7522 717-738-9265

7 717-464-2421

602 717-291-4676

602 717-299-8181

7603 717-299-8200

7601 717-569-6401

7601 717-285-5191

7601 717-285-5191

7601 717-285-5191

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DISPOSE OF YOUR PRESCRIPTION DRUGS SAFELY

Prescription drug abuse causes more deaths than
all illegal drugs combined. Throwing your
prescription drugs in the trash or flushing them down
the toilet can harm our rivers and wildlife.

Lancaster County provides a safe and easy way to properly
dispose of your prescription medications.

WE ACCEPT:

- Prescription and over-the-counter medications
- Tablets and capsules
- Pet medications

- Intravenous solutions
- Injectables, syringes, and needles
- Hydrogen peroxide
- Compressed cylinders or aerosols (e.g., inhalers)
- Iodine-containing medications
- Thermometers
- Alcohol & illicit drugs (if sealed in original container)

Contact Lancaster County for more information or to
schedule a drop-off appointment.

BEFORE YOU DROP-OFF, PLEASE NOTE:

- All drugs should be placed in a sealed container such as the original bottle or a zip-lock bag.
- Keep liquids in the original container.
- Personal information should be removed or blotted out with a permanent marker.

2018 Service Guide

**GETTING HELP
for Alcohol and other
Drug Problems in
Lancaster County**

D&A

Lancaster County

1000 Locust Street
Lancaster, PA 17303

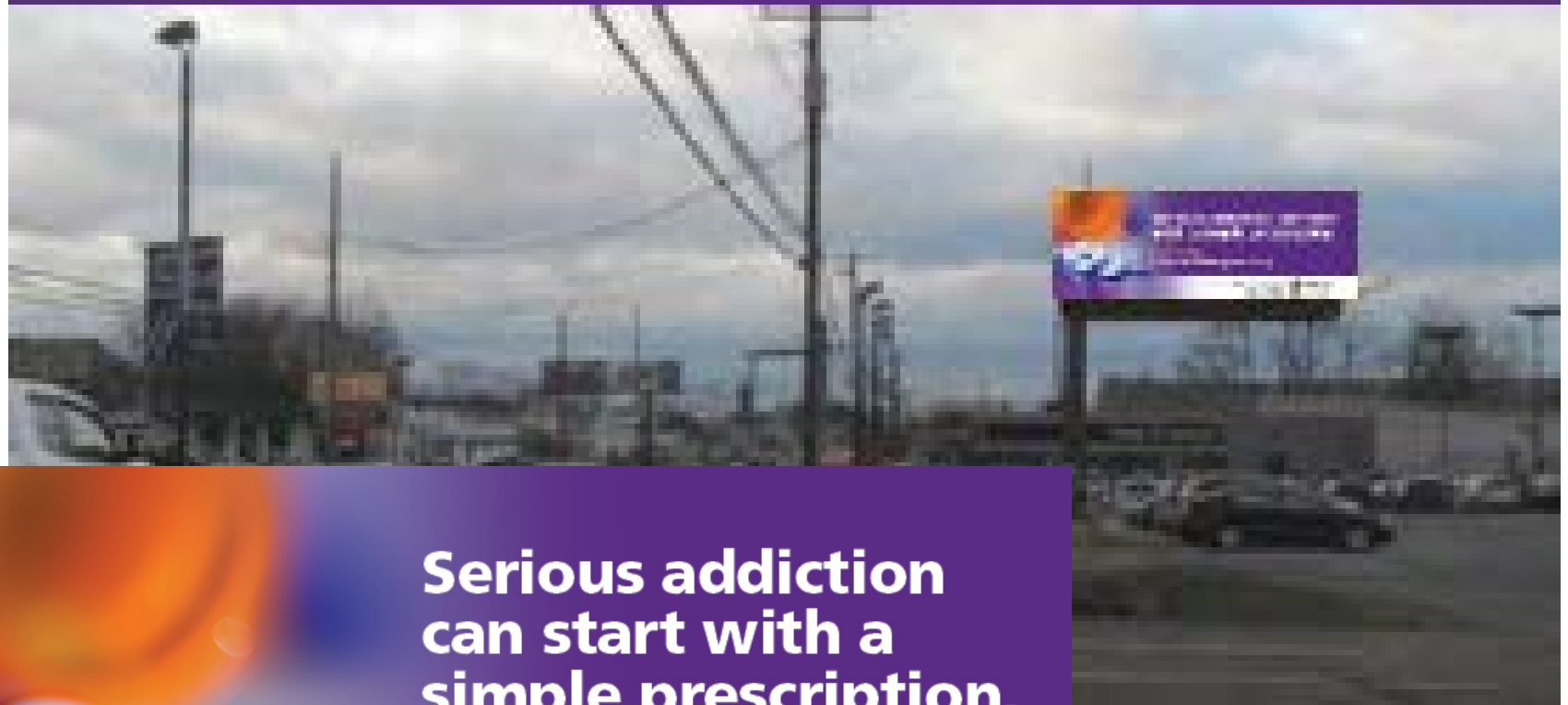
717-299-8023

717-299-7252

www.lancastercountypa.us/d&a

Over 93,000
Distributed

50171-Manheim Pike



**Serious addiction
can start with a
simple prescription.**

HELP IS HERE:
LancasterJoiningForces.org

FUNDING PROVIDED BY



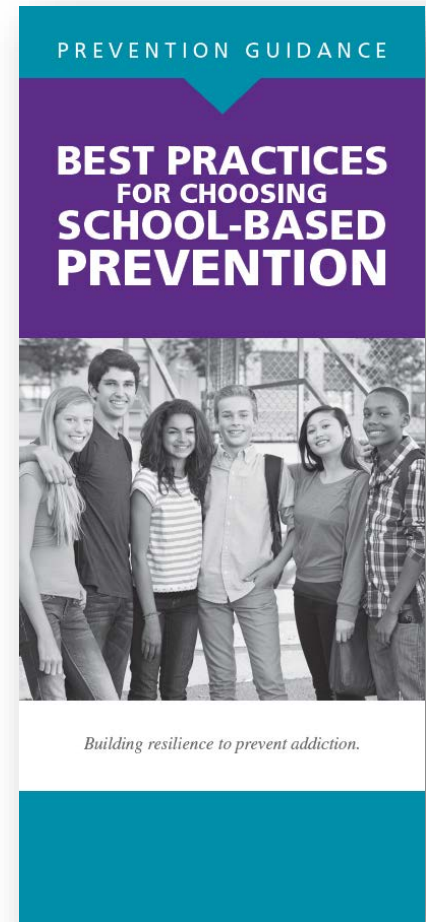
Penn Medicine
Lancaster General Health



**Gunterberg
Charitable Foundation**
Culliton Family

Strengthening Efforts

- ED Warm Hand-off
- Naloxone Access
- Prescription Drug Take-Back
- Promotion of evidence-based school prevention programs
- Increased access to treatment and recovery services



Improving Patient Safety

www.opioidaware.org



**Serious addiction
can start with a
simple prescription.**

www.opioidaware.org

Improve Data Collection and Public Reporting

- Access to Data
- Development of Process Measures to measure success

Overarching Outcome Goal: Reduce Deaths from Opioids and Heroin		Data Source	2016 Total	2017					2018 Total
Number of Overdose Deaths in Lancaster County		Coroner	117	Q1	Q2	Q3	Q4		165
Process Evaluation Measures		Data Source	2017						2018
Awareness	1	Number of Impressions	Q1	Q2	Q3	Q4	Total		Q1
	11	Number of billboard impressions			53	397	899		
	12	Number of new visitors to website			26	116	235		
	13	Number of returning visitors to website			0	8	142		
	14	Number of website hits from direct address (lanasterjoiningforces.org)			19	183	202		
	15	Number of website hits from link on other organization website			5	34	91		
	16	Number of website hits from browser search			3	29	131		
	17	Number of website hits from social media			0	19	30		
	18	Number of material requests from the website			0	8	8		
	19	Number of general inquiries from the website			0	0	0		
	2	Organizations distributing materials (Number distributed by each)	2100	1000	15079	38681	55460		
		Compass Mark (includes Community Coalitions)	1400		2407	9314	11721		
		D & A Commission	500	200	2850	240	3730		
		Drug Task Force					0		
		EMS			300	1400	1700		
		Faith Based Outreach				21030	21030		
		Lancaster Chamber	200		500	820	1520		
		Lancaster County Recovery Alliance			600		600		
		Let's Talk, Lancaster			2700		2700		
		Major's Association					0		
Education		Penn Medicine/LG Health			2672	5077	7749		
		Pharmacists		800	350	800	1950		
		Police Departments			300		300		
		Prison/Probation and Parole			2350		2350		
		South Central PA Opioid Awareness Coalition			50		50		
	1	Number of presentations by individuals in recovery						22	
		Compass Mark	0	0	0	0			
		Lancaster County Recovery Alliance		3	5	2	10		
		RASE			22		22		
	2	Number of educational programs held by employers, schools, community events,	1	1	18	25	45		
		Compass Mark			17	24	41		
		Lancaster Chamber	1				1		
		Penn Medicine/LG Health		1	1	1	3		
	3	Number of people reached by educational programs	2368		4228	2446	9042		
		Compass Mark	2,305 (FY16-17)		4163	2384	8852		
		Lancaster Chamber	63				63		
		Penn Medicine/LG Health			65	62	127		
	4	Number of providers educated about recommended guidelines and the use of tools to aid in the appropriate prescribing for acute/chronic pain (in Lancaster County).	45 (2016)	26		175	201		
		South Central PA Opioid Awareness Coalition							
	5	Number of continuing medical education (CME) events held regarding recommended guidelines and the use of tools to aid in the appropriate prescribing for acute/chronic pain (in Lancaster County).	2 (2016)	1		1	2		
		South Central PA Opioid Awareness Coalition							
	6	Number of schools offering evidence-based substance abuse prevention programs	60 (FY16-17)		1	16	35		
		Compass Mark	18 (FY16-17)		1	16	17		
		Penn Medicine/LG Health	41 (FY17)		N/A	18	18		
	7	Number of children receiving evidence-based substance abuse prevention education	6906 (FY16-17)			4363	4363		
		Compass Mark	1191 (FY16-17)			593	593		
		Penn Medicine/LG Health	5715 (FY17)			N/A	3770	3770	

Website Launch

www.lancasterjoiningforces.org

Lancaster County Joining Forces: Working together against the opioid epidemic

Lancaster County Joining Forces is a collection of organizations and individuals who want to save lives and help our neighbors who are struggling with addiction. A partnership between community groups, coalitions, and task forces, Joining Forces will work together to strategically impact the number of deaths from opioid addiction in Lancaster County. The Joining Forces Coalition unifies and strengthens the fine work we are doing separately, while also allowing us to identify gaps in services and treatments so we can save more lives together.

OUR MISSION

The mission of Lancaster County Joining Forces is to coordinate efforts to reduce deaths from opioids and heroin.

OUR GOAL

The goal of Lancaster County Joining Forces is to utilize evidence-based practices outlined by the Substance Abuse and Mental Health Services Administration (SAMHSA) to address substance misuse and abuse.

[View/Download Goals for Upcoming Year](#)
[View/Download the SAMHSA Framework](#)



WHERE TO GET HELP!

In An Emergency, Call **911**

Need to contact a detox facility, call **866-769-6822**

Need information or referrals, call Compass Mark at **717-299-2831**

COUNTY DATA

See statistics and historical information on substance abuse, overdoses, and deaths in Lancaster County.

[View the Joining Forces data](#)

EDUCATIONAL RESOURCES

Lancaster County Help Is Here Wallet Card [↓](#)

Lancaster County Drug & Alcohol Service Guide (English) [↓](#)

Lancaster County Drug & Alcohol Service Guide (Espanol) [↓](#)

Lancaster County Drug Disposal Rack Card [↓](#)

School Based Prevention Curriculum Programs [↓](#)

School Based Prevention Curriculum [↓](#)

SAMHSA Opioid Overdose Prevention Toolkit [→](#)

Frequently Asked Questions (PDMP) [→](#)

Substance Use Disorder Brochure [↓](#)

Community Form Toolkit [↓](#)

SAMHSA Drug-Free Workplace Toolkit [→](#)

Best Advice for People Taking Opioid Medication [→](#)

Low Back Pain [→](#)

Would you like to order **free** print materials?

[Use Our Order Form →](#)

COMMUNITY NEWS & EVENTS

[View Printable Listing](#)

MAY 4

Quarterly Meeting

JAN 10

Governor declares statewide 'disaster emergency' for opioid and heroin epidemic. Read about the declaration [here](#).
Read about reactions from Lancaster.
[View the summary sheet.](#)

JAN 5

Opioid Epidemic: What You Need to Know
[Click here to view video.](#)

DEC 15

Slippery Slope of Opioid Use
[Click here to view the video.](#)

FEB 2

Quarterly Meeting Event Invitation

JAN 25

Centers of Excellence in Pain Education
[Click to learn more.](#)



Strategic Plan



STRATEGIC PLAN

APRIL 2018

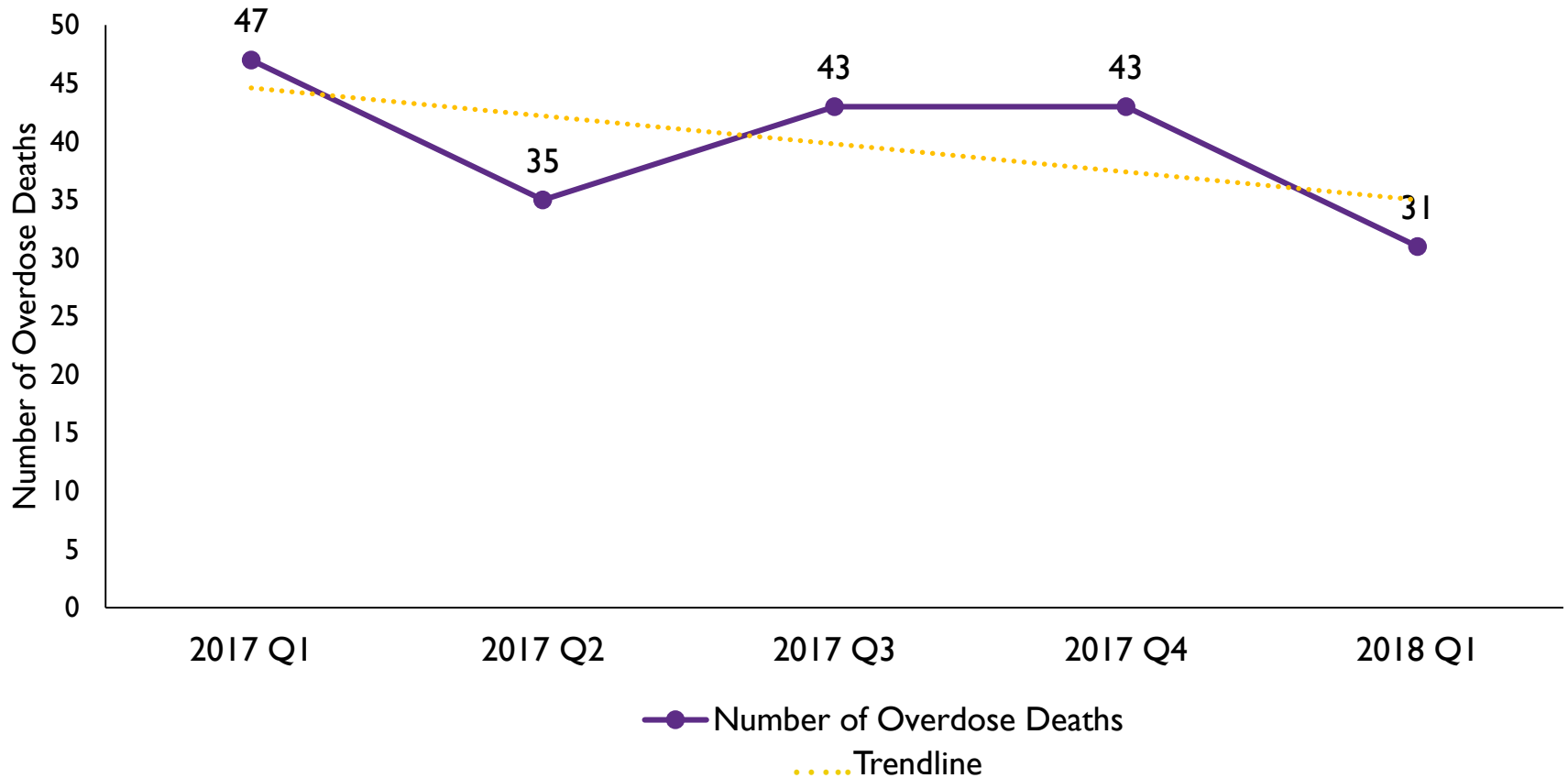
COMPLETED

POSTED

Lancaster County Overdose Deaths



Quarterly Trend of Overdose Deaths in Lancaster County



First Quarter Summary

- ↓ Narcan usage by first responders
- ↑ 9-1-1 Calls for Overdose/Poisoning
- ↓ ED visits for Overdose
- ↓ Risky Prescribing Behaviors
- ↓ Opioids Dispensed
- ↓ Overdose Deaths

Goals for the Upcoming Year

Goals to Saturate the Community

- Joining Forces **website** will be hyperlinked on all steering committee and community group websites.

Driver: Joining Forces Steering Committee

- **Educate** employers and community groups by presenting informational forums throughout Lancaster County, concentrating in 4 geographic quadrants.

Drivers: CompassMark, Lancaster Chamber, Penn Medicine LG Health

Goals to Strengthen Efforts

- Implement evidence-based school prevention programs in all 16 **public school districts**, by focusing on 3 gap areas identified in asset mapping.

Driver: CompassMark

- Evaluate feasibility of additional prescription **drug disposal modalities**, with the intent to identify opportunities for expansion of current options (drop off locations, disposal bags).

Driver: CompassMark

Goals to Strengthen Efforts

- Develop **warm handoff** strategies to increase coordination and navigation between health care, mental health and substance use providers.

Drivers: Drug and Alcohol Commission, Prison/Parole South Central PA Opioid Awareness Coalition Lancaster/Let's Talk Lancaster Behavioral and Medical Provider Action Team

Goals to Strengthen Efforts: Treatment and Recovery

- **Increase Recovery Support Specialists** in the treatment system, to link clients into treatment, and retain clients longer in a recovery program.
- Increase the number of publicly funded **detox beds** in Lancaster County, for both men and women, which allows direct and immediate access for people in withdraw.
- Create a **halfway house** for **women with children**.
- Create a **recovery house** for **women with children**.
- Create at least two **adolescent D&A** treatment options in this region.
- Continue to **increase** the number of Lancaster clients **funded** by HealthChoices Medicaid in the D&A treatment system.

Goals to Improve Patient Safety

- Decrease the number of **opioids dispensed** in Lancaster County.
- Implement **screening process** for substance use disorders in Penn Medicine LG Health, UPMC Pinnacle, and WellSpan Health ECH hospitals and medical outpatient facilities.
- Increase **insurance coverage** for alternative treatments for pain management and develop a list of recommended services/best practices and educate employers and insurance providers.



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www.lancasterjoiningforces.org