

## Goals

### July 2018 – June 2019

#### 1. People want to know where to get information and help.

We will meet this need by:

Saturating the community with key messages about:

- Where to get help
- How to take medications as prescribed, keep them locked up, and safely dispose of unused medicines
- Addiction as a disease
- How to talk to your children and support loved ones

Educating the community and raising awareness through:

- Promoting community educational programs
- Information panel presentations for employer groups
- Professional in-service trainings for such groups as Educators, EMS
- Joining Forces website and hyperlink on all steering committee/community group websites
- Distribution of print materials
- Media outlets (including billboards, web banner ads, coverage by local newspaper/television)

By June 30, 2019, we will:

- Increase the number of attendees at community/professional education events from 9042 (baseline 2017) to 12,000.
- Gain a 50% increase in awareness/confidence from the participants in the community education events as measured by a pre-/post-survey.
- Gain a 10% increase in the number of media/website impressions (to reach 300,000).

## **2. Strengthen prevention efforts through education and increase access to treatment**

We will meet this need by:

- a. Obtaining agreement to implement evidence-based school prevention programs in all 16 public school districts for the 2019-2020 school year.
- b. Evaluating feasibility of additional prescription drug disposal modalities, with the intent to identify opportunities for expansion of current options (drop off locations, disposal bags).
- c. Developing warm handoff strategies for seamless navigation regardless of entry point into the system within the Lancaster County Prison, Primary Care, and Perinatal services.
- d. Implement Screening, Brief Intervention, and Referral to Treatment (SBIRT) process for substance use disorders in Penn Medicine LG Health, UPMC Pinnacle, and WellSpan Health ECH hospitals and medical outpatient facilities.

By June 30, 2019, we will:

- Increase the number of public school districts implementing an evidence-based school prevention program from 13 to 16.
- Implement at least one recommendation from feasibility study to increase prescription drug disposal modalities.
- Evaluate implementation of warm handoff process for seamless navigation regardless of entry point into the system within the Lancaster County Prison, Primary Care, and Perinatal services.
- Evaluate implementation of Screening, Brief Intervention, and Referral to Treatment (SBIRT) process for substance use disorders in Penn Medicine LG Health, UPMC Pinnacle, and WellSpan Health ECH hospitals and medical outpatient facilities.

## **3. Improve patient safety by advancing Center for Disease Control's prescribing guidelines through all Lancaster County health systems.**

We will meet this need by:

- a. Promoting educational opportunities for providers to increase understanding of addiction as a disease, co-occurring diagnoses, perinatal treatment, and safe prescribing/tapering protocols.
- b. Encourage medical provider use of alternative therapies as recommended by the CDC.
- c. Inform employers about recommended alternative treatments that should be covered by insurance plans.

By June 30, 2019, we will:

- Decrease the number of opioids dispensed in Lancaster County by 10% (FY18 Baseline TBD—2017 calendar estimate used to determine percentage decrease goal, approximately 30,000 fewer dispensed) as measured by the PA PDMP.
- Develop and implement opioid-specific safe prescribing/tapering protocols and education to increase medical provider understanding of addiction as a disease, co-occurring diagnoses, and perinatal treatment. South Central PA Opioid Awareness Coalition—Lancaster will initiate protocols will be based on best practice recommendations from the CDC. Each health system will aim to implement for the following populations: inpatient, ambulatory, pregnant women.
- Develop a list of evidence-based alternative treatments for pain management. This list will inform employers about recommended cost-effective alternative treatments for possible inclusion in insurance coverage.

## **4. Increase Treatment & Recovery Support Services**

We will meet this need by:

- Increasing the number of Recovery Support Specialists in the treatment system.
- Increasing the number of publicly funded detox beds in Lancaster County.
- Supporting efforts to create a halfway house for women with children.
- Supporting efforts to create a recovery house for women with children.

By June 30, 2019, we will:

- Increase the current number of Recovery Support Specialists by 6 in the treatment system.
- Increase the number of publicly funded detox beds in Lancaster County from 7 to 14. Beds will be available for both men and women, allowing direct and immediate access for individuals in withdrawal.
- Evaluate efforts to create a halfway house for women with children.
- Evaluate efforts to create a recovery house for women with children.