

## Emergency Help

➔ If you suspect an overdose or other medical emergency, call 911 immediately!

➔ If someone is threatening suicide or threatening to harm themselves or others, you can also call Crisis Intervention at (717) 394-2631.

➔ If someone is addicted to alcohol or other drugs and in need of detoxification, call White Deer Run Support Center at (866) 769-6822 or Pennsylvania Adult and Teen Challenge (PAATC) at (844) 888-8085.

## If you need help or support in recovery:

### RASE Project of Lancaster

131 East Orange St.  
Lancaster PA 17602  
(717) 295-3080

[www.raseproject.org](http://www.raseproject.org)

Recovery drop-in center; informal recovery support services and programs; medication-assisted recovery services; recovery housing for men; educational groups.

### Support Groups

**AA - Alcoholics Anonymous** (717) 394-3238

**NA - Narcotics Anonymous** (717) 393-4546

**GA- Gamblers Anonymous** Ephrata, Lancaster (855) 222-5542

### Other Recovery Groups

**Celebrate Recovery** [www.celebraterecovery.com](http://www.celebraterecovery.com)  
(Christian) Groups in: Manheim, Ephrata, Elizabethtown, New Providence, New Holland, and Quarryville

**Discovery Recovery**, Lancaster (717) 394-6991 (Christian)

**Refuge Recovery**, Lancaster [www.refugerecovery.org](http://www.refugerecovery.org)  
(Buddhist)

**Step to Freedom**, Leola (717) 656-4271 (Christian)

**SMART Recovery**, Lancaster (717) 295-3080

### Family Support

**Al-Anon/Alateen/Adult Children of Alcoholics** (877) 298-5027

**Nar-Anon Family Group**, Lancaster (717) 285-2909

**Gam-Anon Family Group**, Ephrata, Lancaster (412) 281-7484

### Gambling

**PA Problem Gambling Hotline** (877) 565-2112

### More Information

**PA Department of Drug and Alcohol Programs**,

[www.ddap.pa.gov](http://www.ddap.pa.gov)

**Lancaster County Joining Forces**,

[www.lancasterjoiningforces.org/](http://www.lancasterjoiningforces.org/)

## 2019 Service Guide

# GETTING HELP for Alcohol and other Drug Problems in Lancaster County

The logo consists of the letters 'D&A' in a bold, white, sans-serif font, centered within a dark green rectangular background.

**Lancaster County  
Drug & Alcohol  
Commission  
150 North Queen Street  
Lancaster PA 17603**

**Phone - 717-299-8023  
Fax - 717-293-7252**

**[www.co.lancaster.pa.us/140/Drug-Alcohol-Commission](http://www.co.lancaster.pa.us/140/Drug-Alcohol-Commission)**

## I NEED HELP. . .

? *I think my drinking might be out of control, who can I talk to about it?*

? *I'm not sure I have a drug problem, but someone (judge, probation officer, boss, caseworker) has told me I need to get an evaluation. Who should I call?*

? *I have a family member who is using drugs, but he/she won't listen to me and get help. What can I do?*

? *I've been abusing pain pills for a long time. My life is a mess and I want help. Where do I start?*

**Help is available for alcohol and other drug problems in Lancaster County. Here's how you can find help for yourself or a loved one.**

**Option One:** If you believe you are in withdrawal and in need of detox services, call White Deer Run Call Center at (866) 769-6822 or Pennsylvania Adult and Teen Challenge at (844) 888-8085. Or call one of the outpatient clinics listed in this brochure to get the process started. They will complete a D&A screening over the phone.

**Option Two:** If detox is not appropriate, meet with an outpatient counselor who will complete an evaluation and make a treatment recommendation. They will also help you determine how to pay for your treatment.

## How do I pay for treatment?

### Do you have Insurance, an HMO, Medical Assistance, OR Veteran's Benefits?

**Yes, I have. . . Insurance or HMO** - Most insurance companies cover D&A treatment. Contact your company to determine what is covered and how to properly access this benefit. It is important that you follow the correct procedures. In some cases, pre-authorization from the HMO is required. Also, some D&A facilities will assist you in working with your insurance company.

**Veterans Benefits** - Most military veterans are eligible for D&A treatment services. Both the Lebanon and Coatesville VA Hospitals provide D&A treatment services. Call (800) 409-8771 Ext. 4543.

**Private Pay** - If you have the ability to pay for your D&A treatment, you may choose any facility you can afford.

**No. . .** If you think you may need inpatient detoxification, call White Deer Run Call Center at (866) 769-6822 or Pennsylvania Adult and Teen Challenge at (844) 888-8085 for a short phone assessment. If you are appropriate for detox, they will begin a bed search to look for treatment accommodations for you. They will also help you determine if you are eligible for County funding, or help you determine how to pay for your treatment.

If you do not need detox, but you think you may need inpatient rehab, **call and make an appointment with an outpatient clinic** for an evaluation and a financial liability review.

## Lancaster County D&A Outpatient Clinics

### PA Counseling Services - Lancaster City

40 Pearl Street  
Lancaster PA 17603  
(717) 397-8081  
www.pacounseling.com

Also located at:

610 Poplar St.  
Columbia PA 17512  
(717) 449-5888

### T.W. Ponessa and Assoc. Counseling Services, Inc.

(Pennsylvania Center of Excellence)  
410 N. Prince St.  
Lancaster PA 17603  
(717) 560-7917  
(800) 437-5405  
www.twponessa.com

### Nuestra Clinica - SACA (bi-lingual)

545 Pershing Avenue  
Lancaster PA 17602  
(717) 293-4150  
www.sacapa.org

### Blueprints for Addiction Recovery, Inc.

222 S. Market St., Ste. 202  
Elizabethtown PA 17022  
(717) 361-1660  
www.blueprintsrecovery.com

Also located at:

1901 Olde Homestead Lane  
Lancaster PA 17601

### GateHouse Behavioral Health Services

817 North Cherry St.  
Lancaster PA 17602  
(717) 393-3215  
www.gatehouse.org

### Naaman Center (faith-based)

4600 East Harrisburg Pike  
Elizabethtown PA 17022  
(717) 367-9115 or (888) 243-4316  
www.naamancenter.com

Other locations:

39 W. Vine St. (bi-lingual)  
Lancaster, PA 17603  
248 Maple Ave.  
Quarryville PA 17566  
835 Houston Run Drive, Suite 230  
Gap, PA 17527

### Gearty and Associates Counseling

107 East Locust Street  
Ephrata PA 17522  
(717) 733-8898  
www.gacounselinggroup.com

### Lancaster Clinical Counseling Associates

129 East Orange Street, 2nd floor  
Lancaster PA 17602  
(717) 299-0131

### Elsie Shenk Outpatient Center (women)

211 East Mifflin Street  
Lancaster PA 17602  
(717) 286-9088  
www.gaudenzia.org

## For more on treatment and recovery services in Lancaster County

Contact Compass Mark at (717) 299-2831

Or

[www.compassmark.org/Find-Help](http://www.compassmark.org/Find-Help)

## Frequently Asked Questions

**Can someone who refuses treatment be “committed”?** Adults cannot be committed for drug and alcohol treatment. There are limited circumstances where adolescents can be committed by their parents through **Act 53**, which requires legal intervention.

**I was arrested for DUI in another state and told I need to take some kind of class. Who do I call?** Contact Lancaster County **Adult Probation Unit** at (717) 299-8181.

**My child is still in high school and I am worried that she may be beginning to experiment with drugs. Who should I call?** Contact your child’s guidance counselor or school nurse and ask for a referral to the **Student Assistance Program** at her school.

**My child was arrested for underage drinking and told he needs to take a class. Who do I call?** Contact **Compass Mark** at (717) 299-2831.

**My insurance company is refusing to pay for addictions treatment. What can I do?** **Act 106** of 1989 requires that most commercial group health plans, HMOs, and CHIP provide comprehensive treatment for alcohol and other drug addictions. If you are having trouble accessing this benefit, send an email to [dasdbeck@hotmail.com](mailto:dasdbeck@hotmail.com) with “Act 106” in the subject line.