



JOINING FORCES FOR CHILDREN

Helping resilient, healthy, and nurturing families prevail



I have the right to



- be myself.
- ask for help.
- have my own opinions.
- make mistakes.
- my own feelings.
- share my feelings with safe people.
- think good thoughts about myself.
- expect a safe home.
- dislike someone else's behavior.
- choose my own behaviors.
- know that adult problems are not my fault.
- be a kid!



Source: [Peaceful Family Solutions](#)

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