# LANCASTER COUNTY PLANS OF SAFE CARE



Produced by



Planning with you to support you and your baby's health

# What is a plan of Safe Care?

A written list of helpful people and organizations that can support you and your baby.

## What does a plan of Safe Care do?

It focuses on you and the health and development of your baby while connecting you to people and organizations who can help.

#### Who needs a Plan of Safe Care?

- Pregnant people who are in treatment for a substance use disorder
- Pregnant people who are taking medication for an addiction disorder
- Pregnant people who are taking certain prescription medications as prescribed by a health care provider (includes some antidepressants and anxiety medications)
- Infants up to one year of age who have been affected by alcohol and other substances during pregnancy

# Who is responsible for creating a Plan of Safe Care?

Healthcare personnel or social service professionals will work WITH the family to create a family's plan of safe care. Plans of Safe Care are voluntary. Plans may be created during pregnancy or after the birth of your child. We encourage you to start your plan early with help from medical and/ or social service professionals. If a plan has not been offered to you, you may request one.

### What else to expect?

A notification will be made to Children and Youth. This is required by federal and state law.

You can expect a children and youth caseworker specially trained in plans of safe care to visit you at the hospital within 24 hours of notification. The caseworker will discuss available resources and supports for you and your child. This notification does not automatically mean that a case is opened by children and youth. The goal is to be sure that you have all the supports you need to take care of yourself and your baby.

If you started a plan of safe care during pregnancy, be sure to tell the caseworker about your plan.

**Learn more about Lancaster County Plans of Safe Care.** 

Visit LancasterJoiningForces.org/SafeCare or call 2-1-1

